

January Moon Calendar

Launch projects at the New Moon, bring them to completion in the period from just before the Full Moon to the Third Quarter phase and wind them down and reflect on developments in the week before the next New Moon. The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and thinner).

Many of you have written asking for info on the best time to cut your hair or wax/shave your legs. You can use this moon table to select the most favourable days to slow or increase hair regrowth. Full instructions can be found in my Lunar Hair Care guidelines at www.stellastarwoman.com/files/LunarHairCare.pdf but to get you started I've marked the best dates for waxing/shaving to slow regrowth in yellow and the best dates to cut hair for thicker, lusher growth in green. If you're serious about Lunar Hair Care - order your own Moon Calendar from the [Stella Starwoman Store](http://StellaStarwomanStore) then you'll know exactly what time the moon changes from one zodiac sign to the next.

<u>Date</u>	<u>Sign</u>	<u>Element</u>	<u>Moon Phase</u>
1 st	Scorpio	Water	New Moon 4 th Solar Eclipse
2 nd -3 rd	Sagittarius	Fire	
3 rd -6 th	Capricorn	Earth	
6 th -8 th	Aquarius	Air	First Quarter
8 th -11 th	Pisces	Water	
11 th -13 th	Aries	Fire	
13 th -16 th	Taurus	Earth	Full Moon 20 th
16 th -18 th	Gemini	Air	
18 th -20 th	Cancer	Water	
20 th -22 nd	Leo	Fire	Third Quarter
22 nd -24 th	Virgo	Earth	
24 th -26 th	Libra	Air	
26 th -28 th	Scorpio	Water	

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at stellaw@ozemail.com.au

PS – Don't forget to check out your January Monthly Stars at www.stellastarwoman.com to see what's coming up for you this month.

Happy Stargazing

Stella Woods

www.stellastarwoman.com

