

AstroUpdate – September 2025

Welcome to the Stella Starwoman September AstroUpdate and a special welcome to all new subscribers. An action-packed month with a lunar and solar eclipse, the Spring Equinox and our Health & Wellbeing Report on half price special!

Total Eclipse of the Pisces Full Moon



A lunar eclipse is often referred to as 'blood moon' as the earth's shadow eclipses the light of the full moon, turning it a deep orange-red colour.

On 8th September at 4 am (Sydney-Melbourne time zone), a total lunar eclipse will sweep across Antarctica, Australia, Asia, the western Pacific Ocean, the Indian Ocean, Europe, the eastern Atlantic Ocean and Africa at the Pisces full moon. (If you're in the UK/Western Europe, the eclipse will be at 7 pm/8 pm on 7th September).

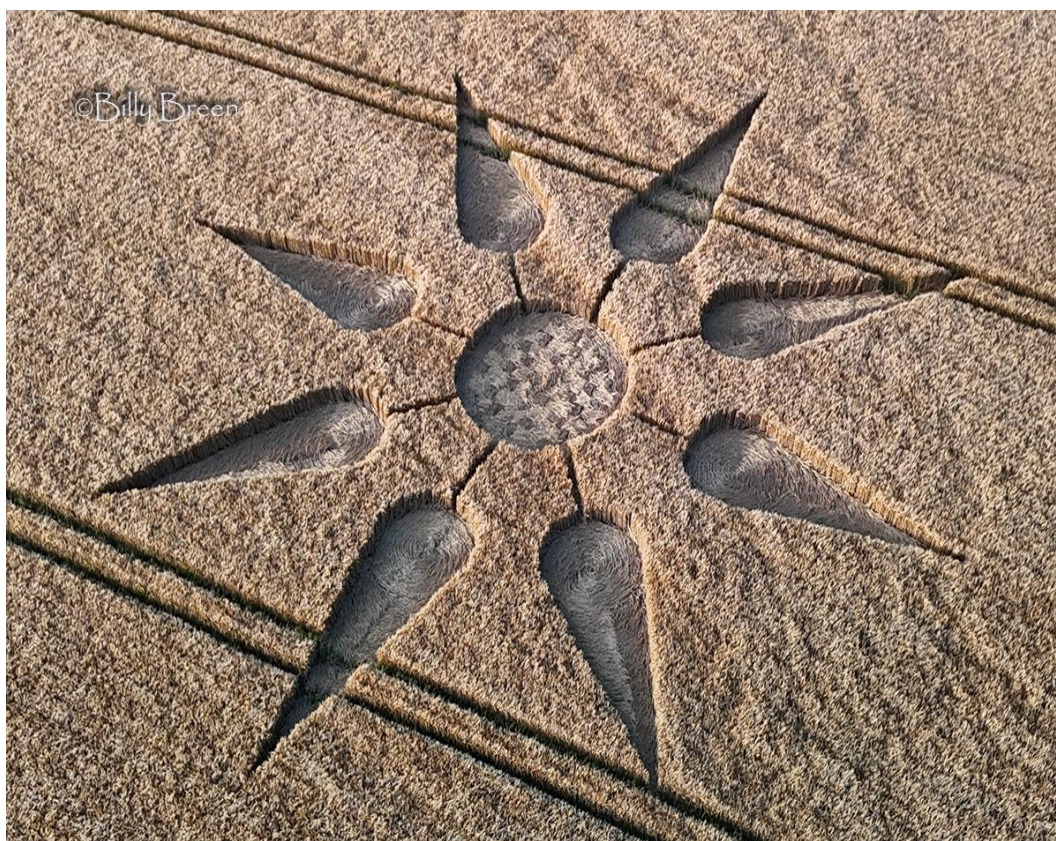
Lunar eclipses are all about polarity and serve to deepen awareness. by highlighting imbalance. With the sun in earth sign Virgo opposite the full moon in water sign Pisces, the focus is on the balance between daily routine, physical health, and order (Virgo) vs vision, spirituality, creativity and the chaotic and infinite nature of life (Pisces).



If you're a practical type, perhaps you've spent so much time getting your daily life in order, keeping fit, performing chores, going to work and managing your daily timetable (Virgo) you've forgotten the importance of day-dreaming, imagination, unscheduled activity, honouring emotions and taking time to rest, let go, disconnect and detox (Pisces).

Or if you're a more sensitive, creative type, perhaps your life could benefit from a reality check – maybe a new fitness routine, more structure and organisation and less chaos. Both Virgo and Pisces energy are equally important for a balanced, healthy life.

Crop Circle – Bondip Hill, Somerset



The 2025 UK crop circle season is now underway. Crop circles have been photographed in fields all over the world, but each year, a whole host of these beautiful geometrical formations appear overnight in the wheat, barley, rapeseed and corn fields close to the sacred sites of South West England, such as Stonehenge and Avebury. Despite their best efforts, no scientist, farmer or sceptic has ever caught or filmed a human being creating a genuine crop circle.



Credit to talented photographers Billy Breen and Dan Vidler for these beautiful crisp images of a crop circle that appeared in a barley field at Bondip Hill in Somerset, England, two months ago.



Who or what creates these circles? We simply don't know. Most crop circles appear in the middle of the night when the fields where they appear are furthest from the gravitational pull of the sun. Witnesses have seen tubes of light descend from the sky in bursts of 15 seconds prior to the appearance of a circle and orbs of light have been spotted hovering over the fields. Often a column of vapour appears above the circle, apparently from moisture released from the shafts of grain.

I'd like to acknowledge the work of Steve and Karen Alexander of Temporary Temples who since 1994 have been flying over the UK crop circles, taking photos, making drawings and analysing the sacred geometrical designs to try and find answers. You can view images of the latest 2025 crop circles on their website at <https://temporarytemples.co.uk>



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If you have any questions or aren't sure what to choose, just send me an email.

stella@stellastarwoman.com

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Solar Eclipse in Virgo



On the 22nd September at the Virgo new moon, we have a solar eclipse, an event which happens just twice a year. This eclipse is a partial solar eclipse, meaning the transiting moon blocks the light of the sun, but does not cover the sun's disc completely.

Symbolically, eclipses show us new ways of looking at things and often bring insight and epiphany. 2025 has been a year of massive change - this solar eclipse will help us understand the practical consequences of the paths we have chosen while those yet to make a leap of faith will find it easier to make choices, leaving the old ways behind.

With both sun and moon in the final degree of Virgo, the day before the spring equinox, we are asked to focus on what is truly important at this time in our lives and confidently discard the rest.

As astrologer Dossé-Via Trenou puts it: 'planting new seeds with discernment, clarity, and gentleness, not tearing yourself apart in pursuit of perfection.'



Spring Equinox – Life in Balance



September means the days are getting longer, the weather warmer and spring is in the air. Birds are mating and building nests, gardens blossoming, there's a lightness of heart and a growing feeling of optimism. On 23rd September we celebrate the spring equinox as the sun moves into air sign Libra, whose symbol is the scales of balance. Day and night are of equal length - twelve hours of daylight and twelve hours of darkness - a moment of perfect equilibrium all over the world.

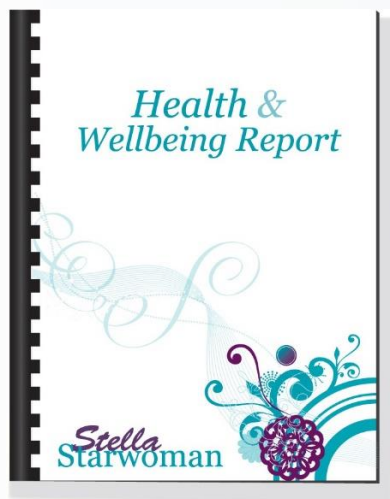
The spring equinox is a time when we instinctively seek balance in our personal lives and gradually release the stagnant energy of winter. No wonder so many of us are keen to change our diet, improve our fitness and clear the house and garden at this time of year.

In Chinese medicine, spring is associated with the liver, the element of wood and the emotion of anger. When liver energy is in balance, we are able to make clear decisions, express emotional needs and follow through with creative projects. Liver energy imbalance can show up as angry outbursts, feelings of agitation and frustration and workaholic tendencies.

Take care of your liver this spring by eating fresh food, drinking plenty of water and cutting down on alcohol and rich or processed foods. Reap the benefits of feeling lighter, brighter, youthful and more energetic and put a 'spring' back in your step!



September Special Offer
Health & Wellbeing Report – Half Price!



Our Health & Wellbeing Report is on HALF PRICE SPECIAL until the end of September (reduced from \$48 to \$24). All reports are individually prepared based on your time, date and place of birth. Learn tips on diet, exercise and healing modalities tailored to your unique astrological 'constitution'; bring your body into balance, boost your self-esteem and feel great. A great way to celebrate spring!

I just want to say this report is insanely accurate! It mentions to watch cholesterol (mine was high on my last blood test results). It also mentions possible neck issues (I've had on-going chronic neck pain)! Anyways it was very insightful and I highly recommend it to anyone - happy for you to use this as a testimonial - Jaclyn

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Mars in Scorpio - Power & Transformation



It's all happening in the third week of September – not only do we have a solar eclipse and the spring equinox, but Mars, planet of action and desire moves into Scorpio on the 22nd September for a full six weeks (to 4th November).

Scorpio is a water sign known for intensity and passion, and as Mars is the ruling planet of Scorpio, this transit tends to be particularly transformative. Use the Mars in Scorpio energy to focus on achieving your goals. Here are some key themes:

Passion and determination

Mars in Scorpio is determined and persistent. You are likely to have a strong desire to overcome obstacles and challenges.

You may find yourself feeling more passionate about relationships, and desires and keen to pursue what you want.



Sexuality and sensuality

When Mars is in Scorpio, there is a heightened interest in matters of intimacy and desire. This can lead to intense and passionate experiences in sexual relationships.

Mars in Scorpio also encourages you to confront and explore your deepest emotions and desires and deal with emotional issues you may have been avoiding.

Personal growth

Scorpio is the sign of transformation and rebirth. This transit can prompt psychological exploration, compelling you to make significant changes. This could involve shedding old habits, relationships, or situations that no longer serve. A good time for personal growth and self-improvement.

You may become more interested in therapy, self-help, or spiritual practices that delve into the deeper aspects of your psyche.

Digging deep

Scorpio is known for its investigative nature, and Mars in Scorpio can make you more inclined to dig deep, both mentally and emotionally. A good time for research, uncovering hidden truths, solving mysteries or pursuing esoteric or occult studies.

Power struggles & shared resources

The intensity of Scorpio can sometimes lead to power struggles and conflicts. Be mindful of being overly controlling or manipulative, as this will create tension in your relationships.

Scorpio also rules shared resources and financial matters. Mars in Scorpio puts the focus on financial issues, such as investments, debts, and inheritances. Perhaps it's time for a financial health check?

Summary

Mars in Scorpio is a powerful and transformative transit that can bring both challenges and opportunities for growth. Harness this intense energy in a constructive way, while being mindful of its potential for confrontation and power struggles.



Lunar Planning + Hair Cutting, Waxing, Body Care

Launch projects the week after the New Moon, bring them to completion in the period from just before the Full Moon to the Waning Quarter phase and wind them down and reflect on developments in the week before the next New Moon. The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and thinner).

Use my moon chart to select the BEST DAYS to slow or increase hair regrowth. I've marked the best dates for waxing/shaving in yellow and the best dates to cut hair for thicker, lusher growth in green. Consider purchasing a moon calendar or diary to find out exactly what time of day the moon changes from one zodiac sign to the next and fine-tune your activities with confidence. <https://www.timeanddate.com/moon/phases/australia/melbourne>

SEPTEMBER MOON CALENDAR

Date	Sign	Element	Moon phase
1 st -2 nd	Sagittarius	Fire	
2 nd -4 th	Capricorn	Earth	
4 th -7 th	Aquarius	Air	
7 th -9 th	Pisces	Water	Full Moon in Pisces (8 th September) Total Lunar Eclipse
9 th -11 th	Aries	Fire	
11 th -13 th	Taurus	Earth	
13 th -15 th	Gemini	Air	Third Quarter Moon in Gemini (14 th Sep)
15 th -17 th	Cancer	Water	
17 th -19 th	Leo	Fire	
19 th -22 nd	Virgo	Earth	New Moon in Virgo (22 nd September) Partial Solar Eclipse
22 nd -24 th	Libra	Air	
24 th -27 th	Scorpio	Water	
27 th -29 th	Sagittarius	Fire	
29 th Sep – 2 nd Oct	Capricorn	Earth	First Quarter Moon in Capricorn (30 th Sep)



OCTOBER MOON CALENDAR

Date	Sign	Element	Moon phase
1 st -2 nd	Capricorn	Earth	
2 nd -4 th	Aquarius	Air	
4 th -6 th	Pisces	Water	
6 th -8 th	Aries	Fire	Full Moon in Aries (7 th October)
8 th -10 th	Taurus	Earth	
10 th -12 th	Gemini	Air	
12 th -14 th	Cancer	Water	Third Quarter Moon in Cancer (13 th Oct)
14 th - 17 th	Leo	Fire	
17 th -19 th	Virgo	Earth	
19 th -22 nd	Libra	Air	New Moon in Libra (21 st October)
22 nd -24 th	Scorpio	Water	
24 th -27 th	Sagittarius	Fire	
27 th -29 th	Capricorn	Earth	
29 th – 31 st	Aquarius	Air	First Quarter Moon in Aquarius (30 th Oct)
31 st Oct – 3 rd Nov	Pisces	Water	

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at stella@stellastarwoman.com

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I look forward to sharing my love of astrology with you.

Happy Stargazing
Stella Woods
www.stellastarwoman.com

