

AstroUpdate – November 2025

Welcome to the Stella Starwoman November AstroUpdate and a special welcome to all new subscribers.

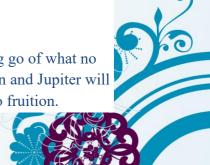
7aurus Full Moon — 6th November Gratitude & Abundance



The November full moon falls on the 6th in earthy Taurus, putting the focus on stability, comfort, and self-worth. New moons are about new beginnings, so slow down, reconnect with your body and appreciate the beauty all around.

Taurus, an earth sign ruled by Venus, emphasises the importance of staying grounded and nurturing what truly matters. Material abundance is wonderful, but true wealth begins with gratitude, inner peace, love and integrity.

The Taurus full moon is a powerful time for manifestation and letting go of what no longer sustains or serves. A flowing grand trine between Mars, Saturn and Jupiter will help you clarify your dreams and take practical steps to bring them to fruition.





Beltane Fire Festival – Magic in the Air



At the beginning of November we celebrate Beltane — the ancient Celtic Fire Festival marking the vibrant shift from spring to summer. It's that beautiful halfway point between the spring equinox and the summer solstice, when the world feels alive with abundance, fertility, and the promise of new life.

Birds are nesting, bees are buzzing, flowers are blooming — and there's a touch of magic in the air as the days grow longer and the nights warmer. Traditionally, great bonfires were lit to honour this turning of the seasons, with feasting, dancing, and joyful celebration beneath the stars. The Green Man and May Queen remind us of nature's passion, growth, and renewal.

As we in the southern hemisphere welcome the light of summer, our northern friends are marking Samhain — or Hallowe'en — as they journey toward winter's quiet rest. Opposite halves of the same eternal cycle.



Mercury Retrograde in Sagittarius & Scorpio



On 10th November, communication planet Mercury pauses and begins his backward dance through the zodiac, retracing his steps until 29th November. Yes... Mercury retrograde strikes again!

Th messenger planet will move backwards through **Sagittarius** and **Scorpio**, calling us to focus on two powerful themes:

Sagittarius — honesty, integrity, and truth-seeking Scorpio — passion, depth, and emotional honesty

If you've been avoiding truth — with yourself or others — Mercury retrograde has a way of revealing what's been hidden.

And as always, when Mercury is retrograde, slow down. Check and double-check travel plans, appointments, and communications. Back up devices and stay flexible patience is your greatest ally.

But this isn't just a season of mishaps — Mercury retrograde is an invitation to pause and realign:

- Revisiting old plans and projects
- Editing, reorganising, decluttering
- Reflecting, journalling, and meditating

If things seem delayed, trust that there's meaning in the stillness. This is the cosmos asking you to *review before you renew*.

When Mercury moves forward again at the end of November, clarity returns and you'll be ready to make aligned, inspired changes.



Astrology or Tarot Reading with Stella?



Thinking of treating yourself or a friend to an <u>Astrology</u> or <u>Tarot</u> reading? All readings are via Zoom online video and recorded, so you can listen back at leisure. Or perhaps if you're short of cash or in a hurry, you'd prefer an <u>Astrology Report</u>?

Click on any of the links below to find out more or book in. Payment is via my website shopping cart, bank transfer or PayPal (via credit/debit card) with all prices in Australian dollars.

If you have any questions or aren't sure what to choose, just send me an email.

stella@stellastarwoman.com

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ASTROLOGY REPORTS – 11 DIFFERENT OPTIONS

- Personal Birth Chart your path to self-awareness
- Twelve Month Forecast navigating the year ahead
- Health & Wellbeing boost your self-esteem and vitality
- Career & Vocation are you on the right track?
- Inner Goddess discover your inner mystery and hidden potential
- Couple Compatibility the joys and challenges of your relationship
- Zodiac Child understanding the child in your life (0-7 years old)
- Kindred Spirits your karmic relationship patterns (family, friends & lovers)
- Zodiac Money your financial profile and pathway to wealth
- Zodiac Adolescent guidance for teenagers
- Solar Return annual birthday forecast

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Click to order a report – \$48 each

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New Moon in Scorpio – 20th November 7rust Your Instincts

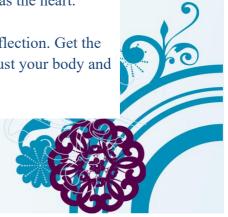


The November new moon falls on the 20th in water sign Scorpio, bringing a burst of powerful transformational energy and the promise of emotional renewal.

Scorpio is the zodiac sign of intensity, passion and inner alchemy, so this lunation encourages us to shed old skins, reclaim our power and step into our authentic strength. It's a time for introspection, shadow work, and setting intentions rooted in emotional honesty. The seeds you plant at this new moon will result in profound changes over the coming months.

Mercury retrograde is exactly conjunct the new moon at 28 degrees Scorpio and opposite Uranus, meaning insights will come from the head as well as the heart.

To take full advantage of this portal, make space for stillness and reflection. Get the journal out. Meditate in the bush. Perform a cleansing ritual. And trust your body and instincts. You really do know best.





Lunar Hair Care – Wax When the Moon is Waning



Here are some practical tips on the best times of the month to cut hair and wax/shave legs. Excess bodily hair may not be the most spiritual of topics, but you could save yourself time and money!

All you need to follow this Lunar Hair Care method is a moon calendar or diary showing the phases of the moon (new, full, waxing, waning).

Below is a useful link - just set the lunar calendar to your particular location. https://www.timeanddate.com/moon/phases/australia/melbourne

HOW DOES IT WORK?

The pull of the moon is responsible for tidal movements on earth and has a subtle effect on all living things. Many gardeners and farmers plant their crops at certain moon phases to achieve optimum growth and yield. The moon cycle also affects human growth and behaviour patterns, as we, like other plants and atmain, are composed mainly of water. Although the hair shaft is technically dead, the moon does have an effect on hair, as hair follicles are made of tissue mainly composed by hydrogen and oxygen, the two elements in H₂O (water).



FOR FASTER HAIR GROWTH

To make your hair grow faster, cut it AFTER the new moon but BEFORE the full moon (waxing moon). Energy builds during this first half of the lunar cycle, particularly in the week before the full moon.

FOR SLOWER HAIR GROWTH

If you want to slow your hair's growth, cut/wax/shave AFTER the full moon but BEFORE the new moon (waning moon). Energy decreases in the second half of the lunar cycle, particularly in the week before the new moon.

The Magic of Tarot - Ace Swords



Some of you may know that as well as being an astrologer, I'm also a tarot reader. The two disciplines work well together – astrology is more left brain and tarot more right brain. Astrology is based on the symbolic movement of planets through the zodiac, whereas tarot is great for uncovering what's going on right now – bypassing the logical mind and revealing hidden motivations and information.



Tarot can teach you about yourself; help solve problems; inspire you to make the most of your day; unpack what's going on in your relationship, and if you have a tricky choice to make, shed light on the real issues involved.

But first you have to learn the meanings of the cards. And there are 78 of them, which can be overwhelming. I've recently been featuring random tarot cards on my Facebook page and the response has been positive, so I decided to include one of my Facebook posts in this newsletter.

Ace Swords - Rider Waite Deck

The card shows a glowing white hand emerging from a swirling grey cloud. The hand holds aloft a double-edged silver sword. The tip of the sword is bedecked in greenery and a solid gold crown with red jewels. On each side of the crossguard are three yellow yods, representing blessings.

Swords in the tarot relate to mental activity. The Ace Swords represents a new perspective or sudden realisation. Some key concepts for the Ace Swords are:

- New Ideas & Perspective
- Mental Clarity/Breakthrough
- Courage to Speak Your Truth
- Decisive Victory
- Intellectual Power
- Hostility/Destructive Argument

Here are my Ace Swords interpretations for the three most common tarot questions/situations - work, love and health.

1) WORK/MONEY

You are powerful, decisive and focused. You cannot lose. Any decisions you make right now will be appropriate, well thought out and lead to success. This is an excellent card for business, investment or forward planning. Unencumbered by emotion, you can cut straight to the heart of the matter and come out on top.

2) LOVE/RELATIONSHIP

Powerful, decisive, focused and on the right track. With the Ace of Swords on you side, you know exactly what you want and exactly how to get it. You re not in the mood for games – you mean business. If you're after a new relationship, get the what you want. If you want to end a relationship, do it now and if you want to the happily ever after, propose!



3) HEALTH/WELLBEING

Your razor-sharp mind is decisive, focused and on the right track. You know exactly what you need to do and be to feel your best and are prepared to take action to make this happen. If you've been stuck in a rut with health, the Ace of Swords will bring a fresh mindset and old problems will melt away!

If you have a set of tarot cards, pull out the Ace Swords, take a good look at the image and think about what it might mean for you.

And if you'd like to book a TAROT READING, go to my website: https://www.stellastarwoman.com/catalog/tarot-readings-0







Lunar Planning + Hair Cutting, Waxing. Body Care

Launch projects the week after the New Moon, bring them to completion in the period from just before the Full Moon to the Waning Quarter phase and wind them down and reflect on developments in the week before the next New Moon. The period between the New Moon and the Full Moon is the <u>waxing</u> moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the <u>waning</u> moon (moon getting smaller and thinner).

Use my moon chart to select the BEST DAYS to slow or increase hair regrowth. I've marked the best dates for waxing/shaving in yellow and the best dates to cut hair for thicker, lusher growth in green. Consider purchasing a moon calendar or diary to find out exactly what time of day the moon changes from one zodiac sign to the next and fine-tune your activities with confidence. https://www.timeanddate.com/moon/phases/australia/melbourne

NOVEMBER MOON CALENDAR

Date	Sign	Element	Moon phase
1st_3rd	Pisces	Water	
3 rd -5 th	Aries	Fire	
5 th -7 th	Taurus	Earth	Full Moon in Taurus (6 th November)
7 th -9 th	Gemini	Air	
9 th -11 th	Cancer	Water	
11 th -13 th	Leo	Fire	Third Quarter in Leo (12 th November)
13 th -15 th	Virgo	Earth	
15 th - 18 th	Libra	Air	
18 th -20 th	Scorpio	Water	New Moon in Scorpio (20 th November)
20 th -23 rd	Sagittarius	Fire	
23 rd -25 th	Capricorn	Earth	
25 th -28 th	Aquarius	Air	
28^{th} - 30^{th}	Pisces	Water	First Quarter Moon in Pisces (28th Nov 5
30 th Nov-2 nd Dec	Aries	Fire	C



DECEMBER MOON CALENDAR

Date	Sign	Element	Moon phase
1st_2nd	Aries	Fire	***
2 nd -4 th	Taurus	Earth	
4^{th} - 6^{th}	Gemini	Air	Full Moon in Gemini (5 th December)
6^{th} - 8^{th}	Cancer	Water	
8 th -10 th	Leo	Fire	
10 th -13 th	Virgo	Earth	Third Quarter Moon in Virgo (12 th Dec)
13 th -15 th	Libra	Air	
15 th - 18 th	Scorpio	Water	
18 th -20 th	Sagittarius	Fire	New Moon in Sagittarius (20 th December)
20 th -23 rd	Capricorn	Earth	
23 rd -25 th	Aquarius	Air	
25 th -27 th	Pisces	Water	
27 th -29 th	Aries	Fire	First Quarter Moon in Aries (28th Dec)
29 th Dec-1 st Jan	Taurus	Earth	

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at stella@stellastarwoman.com

And if you'd like to BOOK an Astrology/Tarot Reading or ORDER an Astrology Report, for yourself or a friend just click <u>HERE</u> or email <u>stella@stellastarwoman.com</u>

I look forward to sharing my love of astrology with you.

Happy Stargazing Stella Woods www.stellastarwoman.com

