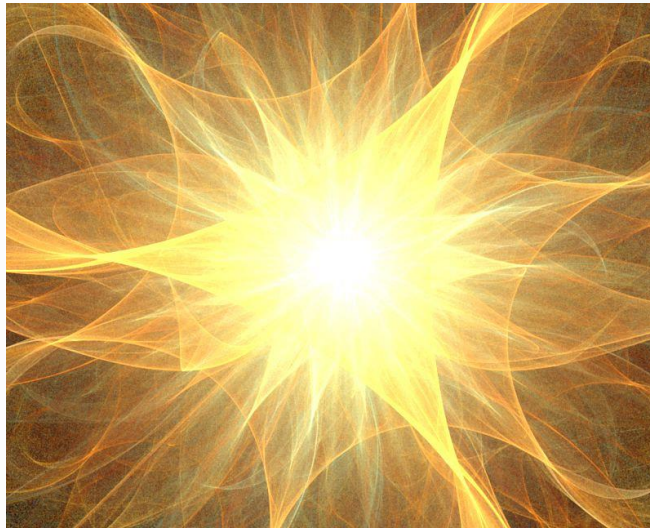


AstroUpdate – October 2025

Welcome to the Stella Starwoman October AstroUpdate and a special welcome to all new subscribers.

With the emotional upheaval of eclipse season now behind us, we welcome spring and the season of Libra.

Aries Full Moon – 7th October – Be Bold



The October full moon falls on the 7th in fire sign Aries, with Sun in Libra opposite Moon in Aries.

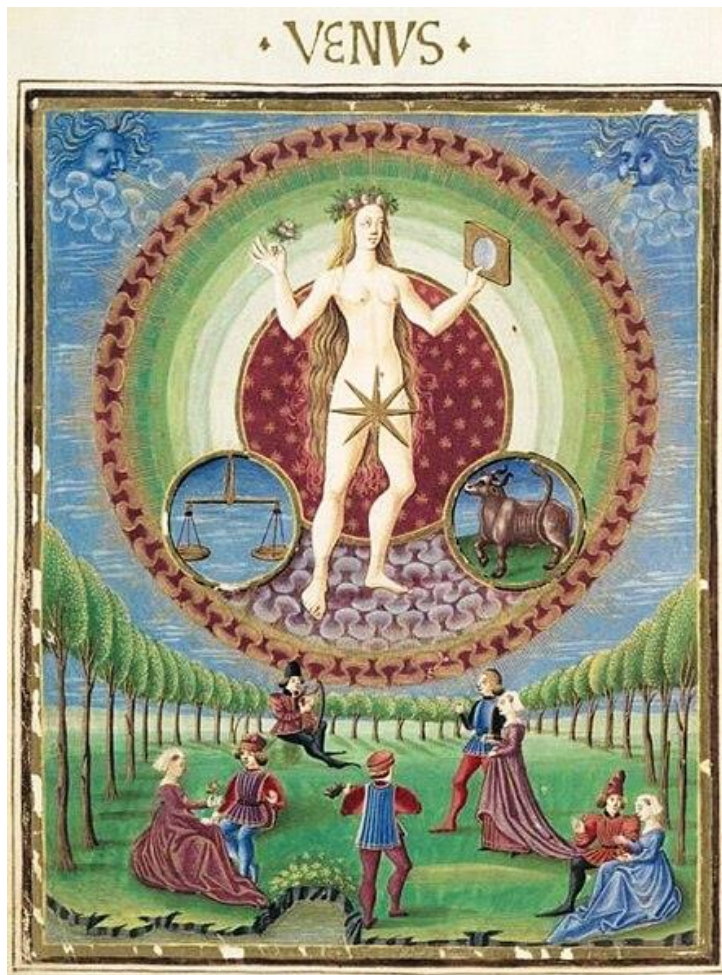
The Aries full moon ignites bold, adventurous energy, urging decisive action and personal breakthroughs. Aries, ruled by warrior planet Mars, is fiery, impulsive, and courageous and this lunation amplifies those traits. Emotions run high, and there's a push towards independence and self-expression.

With Mercury and Mars travelling together in water sign Scorpio, you may be surprised (or surprise yourself) by tactless remarks, stinging observations and penetrating flashes of insight.

Now is a powerful time to release fear, remove yourself from limiting situations, and claim your power. Relationships may feel tense as individuality takes precedence, but clarity can result from confrontation. Use this full moon energy to initiate change, assert your needs, and embrace new beginnings.



Venus in Libra - Giving & Receiving Love



Relationship planet Venus will be cruising through home sign Libra from 14th October to 7th November. Libra is the sign of partnership, love and relationship, meaning the Venus in Libra period is an excellent time for friendship, romance and all kinds of intimate connection. We are more inclined to show mutual respect and understanding; resolve conflict; give and receive love and practice cooperation.

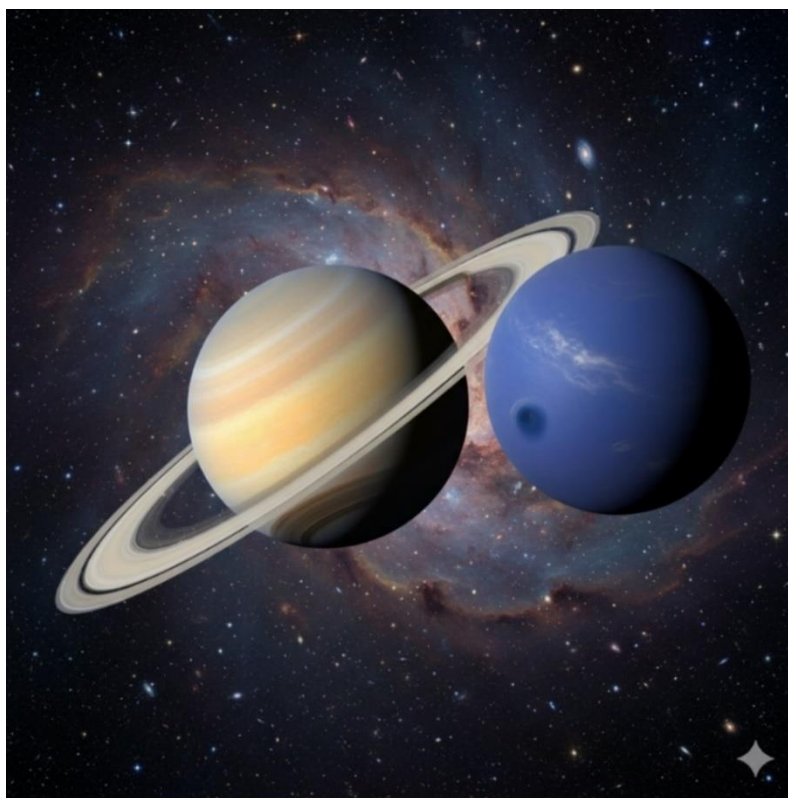
Venus in Libra also puts the focus on beauty, charm, aesthetics, equality and shared experience. Use the spring energy coupled with Venus in Libra to spruce up your appearance; beautify your home and get in touch with all those wonderful people you haven't seen for ages.

And if you've fallen out with someone close, Venus in Libra can pave the way for apology, remorse and renewed connection. Why not make the first move?



Saturn-Neptune Conjunction in Aries

Cosmic Restart



Mighty Saturn and Neptune will form a conjunction in the heavens in February 2026 at 0° Aries, the first degree of the zodiac, sometimes referred to as ‘the world axis’.

Timing

- Saturn and Neptune came very close to each other in July 2025
- February 2026 – Saturn and Neptune will meet up at 0° Aries.
- 2026–27 – Lingering influence as both planets transit the early degrees of Aries.

This rare alignment (Saturn and Neptune meet roughly every 36 years) signifies a profound *cosmic restart* — a collective rebirth for humanity as we transition into a new generational cycle. The last Saturn-Neptune conjunction in Capricorn was in 1989-90 and coincided with the collapse of the Berlin Wall, an event that led to the reunification of East & West Germany; the dissolution of the USSR and the collapse of Communist rule in Eastern Europe. The same year there were student protests in Tiananmen Square in China calling for wide-ranging reforms, such as a free press, freedom of assembly, and an end to official corruption. This period also marked the beginning of the end of South African apartheid.



For those not old enough to remember these events, 1989-90 was a truly seminal time. I, for one never believed the Cold War would end during my lifetime. I visited communist East Berlin in 1985, passing through Checkpoint Charlie in the Berlin Wall. I was met with tight security; barbed wire; guns; drab buildings, goose-stepping soldiers and displays of military power. In November 1989, just four days before the Saturn-Neptune conjunction, that mighty Wall, symbol of oppression and division, was torn down overnight.

- **New Realities:** If we believe under Saturn-Neptune energy that seemingly permanent and irreconcilable viewpoints, boundaries, divisions and institutions (Saturn) can be eroded and dissolved (Neptune), we might wonder: ‘What are our modern-day equivalents of the Berlin Wall, Chinese government oppression and South African apartheid? And how will our current reality be eroded or dissolved over the coming year?’
- **Artificial Intelligence:** Under the Saturn-Neptune energy, visions can be brought into tangible form. The current AI revolution, which translates imagination into instant images, words, and code, is an apt reflection of this archetype.
- **Water Management:** As Neptune rules rivers and oceans, we could see new ways of tackling rising sea levels and waste in our oceans; water restrictions, and new systems of storing water or cleaning it up. During the last Saturn-Neptune conjunction in 1989, the UN established the Intergovernmental Panel on Climate Change.
- **Competing Beliefs:** Historically, Saturn–Neptune cycles highlight clashes between belief and reality, ideals and structures. Expect stark ideological divides — religion vs. atheism; left vs. right, faith vs. scepticism — a pattern already visible in today’s increasingly polarised world.
- **Identity Crisis:** We may feel disoriented, both collectively and personally, as traditional ways and beliefs dissolve and new ideals take shape. Themes of disillusionment, scepticism, and loss of faith may surface, alongside a yearning for unity and compassion.

The Saturn–Neptune conjunction at 0° Aries represents both dissolution and renewal. Structures that no longer serve will dissolve like a dam bursting or a wall crumbling, yet from this release comes the possibility of fresh creation — a new collective myth aligned with Aries’ pioneering energy. The Saturn-Neptune conjunction challenges us to transform disillusionment into clarity, and ideals into reality.



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New Moon in Libra – 21st October

Balance & Harmony



The October new moon falls on the 21st in air sign Libra – an invitation to seek balance and harmony and make a fresh start in relationships. There are multiple harmonious connections between the slower moving planets at this new moon providing security, support and stability (Jupiter, Saturn, Uranus, Neptune and Pluto).

Libra is ruled by planet Venus, putting the focus on beauty, diplomacy, and cooperation. This lunation is ideal for setting intentions around partnerships—romantic, professional and personal—and cultivating inner peace.

Decisions can be made with fairness and clarity. Creative pursuits and aesthetic goals flourish under Libra's influence. Use this gentle yet powerful energy to align with whatever brings you joy and peace, and plant seeds for more authentic, reciprocal, and graceful connections.

Communication Mercury will be conjunct Mars in passionate water sign Scorpio at the Libra new moon, inviting us to trust our instincts and give voice to undercurrents and hidden feelings. Mercury and Mars form a favourable angle to Jupiter, making this a productive period for work. A lot can be accomplished in the next few weeks.



Lunar Fertility & Birth Control



Lunar birth control is a natural fertility awareness method based on the idea that a woman's fertility is influenced not only by her menstrual cycle but also by the phases of the moon. Originating from the work of Dr. Eugen Jonas in the 1950s, this theory suggests that a woman's most fertile days are just 2-3 days before the moon is at the same Soli-Lunar phase as it was at her birth, regardless of when this date falls in the menstrual cycle.

The Soli-Lunar phase refers to the aspect or angle between the Sun (Soli) and Moon (Lunar) at the moment of birth. So, for example, if a woman was born at the full moon (sun and moon opposite each other in the zodiac) she would be more fertile in the 2-3 days before the full moon. And if she was born at the new moon (sun and moon in the same sign of the zodiac) she would be more fertile in the 2-3 days before the new moon, each month.

According to this method, two fertility windows exist: the biological/physical (ovulation) and the lunar (moon phase). This dual approach can be used to either prevent or plan pregnancy without hormonal contraceptives. *(Disclaimer: Lunar birth control is not scientifically validated and should not be relied upon as a sole method of contraception without further medical support or backup protection.)*

If you'd like to read more about this topic, my colleague Iris Detenhoff has been publishing Australia's premium [Astrological Moontime Diary](#) since 2006. She's written a great article on [Lunar Fertility](#) with links to a [Fertility Online Calculator](#). Just enter your birth details.

And if lunar fertility is not your thing, Iris's [Moontime Diary](#) site is still well worth checking out. Thank you Iris!



Mars in Scorpio - Action to Achievement



Mars, planet of action and desire moved into Scorpio on the spring equinox (22nd September) and will remain in Scorpio until 4th November. This month communication planet Mercury will be conjunct Mars from 14th-29th October, strengthening its power.

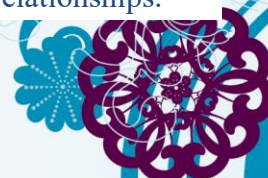
Scorpio is a water sign known for intensity and passion, and as Mars is the ruling planet of Scorpio, this transit tends to be particularly transformative. Use the Mars in Scorpio energy to focus on achieving your goals.

Passion and determination

Mars in Scorpio is determined and persistent. You are likely to have a strong desire to overcome obstacles and challenges. You may find yourself feeling more passionate about relationships, and desires and keen to pursue what you want.

Sexuality and sensuality

When Mars is in Scorpio, there is a heightened interest in matters of intimacy and desire. This can lead to intense and passionate experiences in sexual relationships.



Mars in Scorpio also encourages you to confront and explore your deepest emotions and desires and deal with emotional issues you may have been avoiding.

Personal growth

Scorpio is the sign of transformation and rebirth. This transit can prompt psychological exploration, compelling you to make significant changes. This could involve shedding old habits, relationships, or situations that no longer serve. A good time for personal growth and self-improvement. You may become more interested in therapy, self-help, or spiritual practices that delve into the deeper aspects of your psyche.

Digging deep

Scorpio is known for its investigative nature, and Mars in Scorpio can make you more inclined to dig deep, both mentally and emotionally. A good time for research, uncovering hidden truths, solving mysteries or pursuing esoteric or occult studies.

Power struggles & shared resources

The intensity of Scorpio can sometimes lead to power struggles and conflicts. Be mindful of being overly controlling or manipulative, as this will create tension in your relationships. Scorpio also rules shared resources and financial matters. Mars in Scorpio puts the focus on financial issues, such as investments, debts, and inheritances. Perhaps it's time for a financial health check?

Summary

Mars in Scorpio is a powerful and transformative transit that can bring both challenges and opportunities for growth. Harness this intense energy in a constructive way, while being mindful of its potential for confrontation and power struggles.



Lunar Planning + Hair Cutting, Waxing, Body Care

Launch projects the week after the New Moon, bring them to completion in the period from just before the Full Moon to the Waning Quarter phase and wind them down and reflect on developments in the week before the next New Moon. The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and thinner).

Use my moon chart to select the BEST DAYS to slow or increase hair regrowth. I've marked the best dates for waxing/shaving in yellow and the best dates to cut hair for thicker, lusher growth in green. Consider purchasing a moon calendar or diary to find out exactly what time of day the moon changes from one zodiac sign to the next and fine-tune your activities with confidence. <https://www.timeanddate.com/moon/phases/australia/melbourne>

OCTOBER MOON CALENDAR

Date	Sign	Element	Moon phase
1 st -2 nd	Capricorn	Earth	
2 nd -4 th	Aquarius	Air	
4 th -6 th	Pisces	Water	
6 th -8 th	Aries	Fire	Full Moon in Aries (7 th October)
8 th -10 th	Taurus	Earth	
10 th -12 th	Gemini	Air	
12 th -14 th	Cancer	Water	Third Quarter Moon in Cancer (13 th Oct)
14 th - 17 th	Leo	Fire	
17 th -19 th	Virgo	Earth	
19 th -22 nd	Libra	Air	New Moon in Libra (21 st October)
22 nd -24 th	Scorpio	Water	
24 th -27 th	Sagittarius	Fire	
27 th -29 th	Capricorn	Earth	
29 th – 31 st	Aquarius	Air	First Quarter Moon in Aquarius (30 th Oct)
31 st Oct – 3 rd Nov	Pisces	Water	



NOVEMBER MOON CALENDAR

Date	Sign	Element	Moon phase
1 st -3 rd	Pisces	Water	
3 rd -5 th	Aries	Fire	
5 th -7 th	Taurus	Earth	Full Moon in Taurus (6 th November)
7 th -9 th	Gemini	Air	
9 th -11 th	Cancer	Water	
11 th -13 th	Leo	Fire	Third Quarter in Leo (12 th November)
13 th -15 th	Virgo	Earth	
15 th - 18 th	Libra	Air	
18 th -20 th	Scorpio	Water	New Moon in Scorpio (20 th November)
20 th -23 rd	Sagittarius	Fire	
23 rd -25 th	Capricorn	Earth	
25 th -28 th	Aquarius	Air	
28 th -30 th	Pisces	Water	First Quarter Moon in Pisces (28 th Nov)
30 th Nov-2 nd Dec	Aries	Fire	

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