

AstroUpdate — October 2016

Having survived the September eclipses, the Saturn-Neptune square AND Mercury retrograde, October promises to be a more settled month energetically.

Special Offer- Half Price Readings



For those of you who may not have heard, I've recently moved to the UK to help take care of my parents, which means no more face to face readings in Melbourne. However, I've been offering online readings throughout September on Zoom, a free platform similar to Skype. If you'd like a tarot or astrology reading, I'm offering them at HALF PRICE until the end of November until I've got to grips with the technology.

In UK we are 10 hours behind East Coast Australia in October and 11 hours in November. I will therefore be available for online readings on Tuesdays, Thursdays and Fridays evenings Australian time from 7 – 10 pm in October and from 8 – 11 pm in November. Let me know if you're interested and we can organise a session stella@stellastarwoman.com

October & November Prices

Tarot – One Hour with mp4 recording - \$75

Tarot – Half Hour with mp4 recording - \$45

Astrology – One Hour with mp4 recording and written chart/transit report - \$125



New Moon in Libra
Creative Power & Inner Wisdom



New moons are all about fresh energy and new beginnings and this month we have two new moons, one on the 1st in Libra and the second on the 31st in Scorpio. The Libra new moon has lucky Jupiter in the mix bringing beautiful, bountiful energy and encouraging us to believe in our own creative power and inner wisdom.

Saturn-Neptune Square - Being the Best You Can Be



The very unusual combination of multiple planets in retrograde over the past few months has stopped many of us in our tracks, forcing us to reassess and process almost everything, including long buried issues we'd hoped or prayed had gone away for good. Last month not only did we experience two life-changing eclipses, we also

had the final hit of the Saturn-Neptune square, the most important planetary combination of 2016. Saturn is all about structure and Neptune is all about dissolving structure in order to create new and better forms. Just ask Angelina Jolie – the Saturn-Neptune square recently hit her natal Neptune (10 degrees Sagittarius) as news broke about her decision to divorce long time husband Brad Pitt. And interestingly, Angelina's just turned 41 – the age Brad was when he left first wife Jennifer Aniston back in 2005!

In this time of flux and change, ask yourselves which structures in your life are ready to dissolve completely and be prepared to let them go for good. Understand that true strength and security always come from within and are based on creating authentic and honest relationships with people around you, rather than on money, possessions, relationships, houses and jobs.

If you are true to yourself, honest about your inner motivations and have the courage to shine in your own special way, any difficulties and frustrations faced this year will pave the way to freedom, spiritual growth and enlightenment.

Ritual to Welcome the Spring



As the days grow longer and the sun grows warmer, here's a beautiful ritual to welcome the season of spring. You can do this ritual alone or with friends.

You'll need a yellow candle (representing the sun) plus a packet of your favourite seeds and some small punnets or seed trays filled with earth. Marigolds, nasturtiums and sunflowers are all good choices, being easy to grow and brightly coloured, but the main thing is to choose flowers you love (or vegetables/herbs if you prefer).



Sit for a few moments and centre yourself. Think of what springtime means to you and what delightful new things you would like to see blossoming in your life over the coming months. Now take your packet of seeds, count them and pour a few into your hand. Imagine that each one of these seeds has the power to grow into a beautiful plant filled with colour, energy and vitality. Something so small, tiny and seemingly insignificant contains the magical power of life. Now plant your seeds one by one taking care to gently cover each one with earth and water. Each time you plant a seed, imagine it growing to its full power and potential.

When you have finished planting your seeds, light the candle, hold it in your hand and sit in silence for a few minutes. You too have seeds inside – seeds that can grow into majestic and beautiful creations. Ask yourself, “What seeds will I plant this spring and how will I nurture them? How long will they take to flower or bear fruit?

Imagine that each one of your dreams (seeds) is connected to one of the seeds you have planted in the earth and that the more you care of your seedlings over the coming months, the more their growing energy will power your own dreams. Finish the ritual by blowing out the candle and giving thanks to the universe for the wonder of spring.

October Full Moon

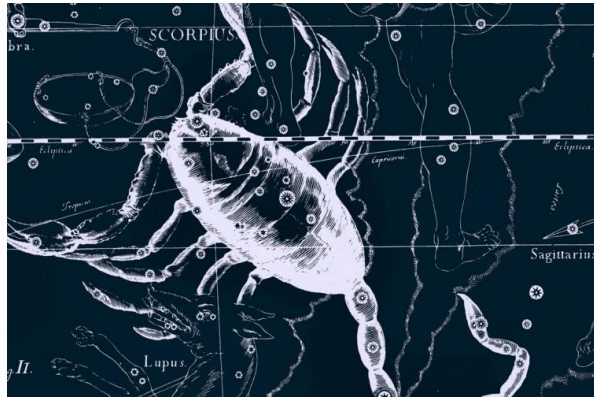
Have Fun & Be Daring!



On the 16th October, we have a fiery full moon in Aries with the moon opposing the sun in Libra. Expect some surprises as erratic Uranus joins the full moon in the heavens. Definitely not a good time to make long term, serious decisions, rather reach out and try something new, fun, daring or inspirational.



Sun in Scorpio- Plumbing the Depths



The Sun will traverse water sign Scorpio, the eighth sign of the zodiac, from 23rd October to 22nd November. Scorpio has three symbols, the scorpion, representing Scorpio's lower nature, her jealousy, desire for revenge and tendency to manipulate others; the eagle, representing Scorpio's ability to soar above emotional attachment thus accessing the true power of the sign and finally the holy dove, symbol of divine love, compassion and forgiveness.

Those born under the sign of the Scorpion are usually loyal, strong and courageous. They love exploring the mysteries of life – birth, death, sexuality, reincarnation and anything taboo. Scorpions have a reputation for being passionate, secretive and highly sexual and, due to their emotional intensity, often have to deal with issues of trust and betrayal. US Presidential candidate Hillary Clinton's penchant for secrecy and privacy is viewed as a character defect by her opponents, when really it's because she's an introvert with five planets in Scorpio!

In medical astrology, Scorpio rules the organs of elimination and reproduction including the urinary tract, bowel, prostate gland and nasal bones. When Scorpions are out of balance they can suffer from haemorrhoids, constipation, urinary tract infections, menstrual and reproductive problems plus catarrh and sinus problems. The Scorpio colours are dark red, purple, dark green and black. Scorpio's greatest lesson is to learn to let go on an emotional level and forgive others.

Happy birthday to all Scorpions – here's wishing you a fantastic year ahead!



New Moon in Scorpio
Messages from the Unconscious



New moons are all about fresh energy and new beginnings and on the 31st we have our second new moon for October in water sign Scorpio. This new moon brings intuitive messages courtesy of Mercury and Neptune, a combination that opens the doorway to the unconscious mind. Seek answers through dreamwork, stillness and contemplation.



October & November Moon Calendar

Launch projects at the New Moon, bring them to completion in the period from just before the Full Moon to the Third Quarter phase and wind them down and reflect on developments in the week before the next New Moon.

The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and thinner).

You can use this moon table to select the most favourable days to slow or increase hair regrowth. Full instructions can be found in my Lunar Hair Care guidelines at www.stellastarwoman.com/files/LunarHairCare.pdf but to get you started I've marked the best dates for waxing/shaving to slow regrowth in yellow and the best dates to cut hair for thicker, lusher growth in green. If you're serious about Lunar Hair Care - order your own Moon Calendar from the [Stella Starwoman Store](#) then you'll know exactly what time of day the moon changes from one zodiac sign to the next, meaning you can fine-tune your activities with confidence.

Date	Moon Sign	Element	Moon Phase
OCTOBER			
1 st – 3 rd	Libra	Air	New Moon 1st
<u>3rd – 5th</u>	<u>Scorpio</u>	<u>Water</u>	
5 th – 8 th	Sagittarius	Fire	
<u>8th – 10th</u>	<u>Capricorn</u>	<u>Earth</u>	First Quarter
10 th – 12 th	Aquarius	Air	
<u>12th – 15th</u>	<u>Pisces</u>	<u>Water</u>	
15 th – 17 th	Aries	Fire	Full Moon 16th
17 th – 19 th	Taurus	Earth	
<u>19th – 21st</u>	<u>Gemini</u>	<u>Air</u>	
21 st – 23 rd	Cancer	Water	Third Quarter
<u>23rd – 25th</u>	<u>Leo</u>	<u>Fire</u>	
<u>25th – 27th</u>	<u>Virgo</u>	<u>Earth</u>	
27 th – 30 th	Libra	Air	
<u>30th – 2nd</u>	<u>Scorpio</u>	<u>Water</u>	New Moon 31st



NOVEMBER

1st - 2nd	Scorpio	Water	
2nd - 4th	Sagittarius	Fire	
4th - 6th	Capricorn	Earth	
7th - 9th	Aquarius	Air	First Quarter
9th-11th	Pisces	Water	
11th-13th	Aries	Fire	
13th-15th	Taurus	Earth	Full Moon 14th
15th-17th	Gemini	Air	
17th-19th	Cancer	Water	
19th-21st	Leo	Fire	Third Quarter
21st -24th	Virgo	Earth	
24th-26th	Libra	Air	
26th-29th	Scorpio	Water	
29th-1st	Sagittarius	Fire	New Moon 29th

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at stella@stellastarwoman.com

PS – Don't forget to check out your October Monthly Stars at www.stellastarwoman.com to see what's coming up this month. Happy Stargazing - Stella Woods
www.stellastarwoman.com















