

AstroUpdate – June 2017

Hi and welcome to the Stella Starwoman June AstroUpdate! This month we celebrate the Winter Solstice, the shortest day of the year and a vital turning point in the seasonal calendar as the Sun moves into Cancer, sign of the Great Mother.

We all need this divine feminine energy in our lives, so take time out to make sure all your physical needs are taken care of - nourishing food, fresh air, warm clothes, restful sleep and relaxation, gentle exercise, soothing baths, refreshing showers and luxuriant beauty routines. And enjoy your month!

Sensual Indulgence, Mental Brilliance & Great Communication



All this and more is on offer this month with love goddess Venus and communication wizard Mercury heading into ruling signs Taurus and Gemini in early June for the next 3-4 weeks. Venus in Taurus is geared towards sensual pleasure, self-indulgence and stable relationships, while Mercury in Gemini can't stop thinking, talking, reading, learning and networking. Sounds like a great combination, so, make the most of it!



Mars in Cancer – Heart-Inspired Action



Action planet Mars cruises into water sign Cancer on the 5th June for a six week visit. Astrologers say that Mars is ‘in fall’ in Cancer, meaning it’s not his favourite place to hang out! Why is that? Well Mars is tough and macho and Cancer is soft and sensitive. Imagine an AFL footballer in the middle of a children’s party or a soldier back from the Middle East at a breast cancer fundraiser. It all feels a bit awkward. So, what might happen when the warrior planet spends a full six weeks in this most sensitive of water signs?

Firstly, emotions will play a much stronger role in decision making. Secondly, Mars brings fighting spirit and energy to whichever zodiac sign he visits. Cancer is the symbol for the Great Mother. Her themes include home, family, children, food, cooking, gardening, nursing, babies, healing and supporting. Naturally, we can expect a stronger focus on all these areas over the period 5th June to 20th July. Perhaps you’ll buy or sell a home; begin home improvements or renovations; spend more quality time with family or cook up a storm. And if you need to defend your home or family from outside threats, you’ll find the courage to fight and win.

Sagittarius Full Moon – Blue Sky Vision

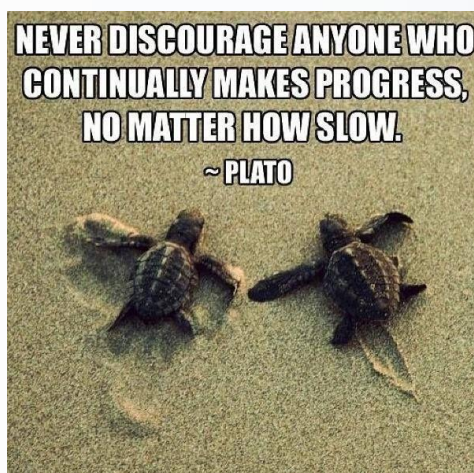


The June full moon is on the 9th in optimistic and visionary fire sign Sagittarius, pushing us all to think and dream big. With practical Saturn conjunct the full moon, you could find



yourself working hard to make a special dream come true or having the courage to abandon a completely unrealistic dream.

Sun Opposite Saturn – Slow Steady Accomplishment



Don't expect short cuts, lucky breaks or free lunches when the Sun opposes Saturn on the 15th June. You get what you pay for and you reap what you sow...but that can be a wonderful thing for those prepared to put in the work. If you proceed slowly, patiently tackling obstacles and making tough decisions, success is guaranteed.

Winter Solstice – Longest Night of the Year



Happy Winter Solstice! Winter is a natural part of the seasonal cycle, and just as nature slows



down in winter, we need to slow down too. In practice this means conserving energy, eating warm, nourishing foods, spending more time in bed, taking hot baths and allowing our bodies to rest and recuperate.

The midwinter solstice is a magical turning point in the seasonal calendar, marking the longest night of the year. From midwinter to the summer solstice six months later, the nights grow shorter and the days longer. Many of the customs associated with the winter solstice (and other midwinter festivals such as St Lucy's Day, Saturnalia, Hanukkah, New Year and Twelfth Night) originate from stories of a fierce battle between the dark and the light, where the light finally conquers the darkness. Other traditions record this as the time that a saviour or sun-child is born to a virgin mother (cf Christmas in the northern hemisphere). In Australia, our winter solstice is marked by the passage of the sun into Cancer on the 21st June. Observe the point at which the sun rises from the 20th-22nd June and you will see it is in exactly the same place over these three days - solstice in Latin means "sun standing still".

Happy Birthday Cancer



From the 21st June to the 23rd July this year the Sun travels through cardinal water sign Cancer, the fourth sign of the zodiac with keywords "I feel" and "I fluctuate". Cancer's symbol is the crab, an instinctive creature dwelling in the watery depths in the safety of its shell. Cancers are extremely sensitive and nurturing with a strong attachment to home, family and community. At best they are in touch with their feelings and display kindness, love and compassion. Cancerians are highly emotional, usually love food and have a reputation for taking care of friends, family and workmates. Negatively, the Cancer individual can be moody, dependent, illogical, manipulative and insecure. Cancer rules the stomach, breasts and

solar plexus. When Cancers are out of balance they can suffer from digestive upsets, water retention and breast problems. The Cancer colours are silver and pastel shades and women born under this sign often love antique jewellery and lingerie. Cancer's greatest lesson is to live in the present and to deal with feelings of fear and insecurity. Happy birthday to all Cancerians!

Cancer New Moon – Channelling the Cosmic Mother



The lunar month begins on the 24th at the Cancer new moon and with four planets in alignment (Sun, Moon, Mercury and Mars) this promises to be a feisty new moon. Mercury brings fresh ideas and insight, while Mars brings passion and action, so, if new moons are all about new beginnings, anything you start today has the potential to grow into something quite spectacular, particularly if it's connected with any of the traditional Cancer themes – home, family, food, children and nurturing.

Cancer embodies the principle of the Great Mother. We all need this divine feminine energy in our lives, so take time out at this new moon to make sure all your physical needs are taken care of - nourishing food, fresh air, warm clothes, restful sleep and relaxation, gentle exercise, soothing baths, refreshing showers and luxuriant beauty routines.



June & July Moon Calendar

Launch projects at the New Moon, bring them to completion in the period from just before the Full Moon to the Third Quarter phase and wind them down and reflect on developments in the week before the next New Moon.

The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and thinner).

You can use this moon table to select the most favourable days to slow or increase hair regrowth. Full instructions can be found in my [Lunar Hair Care](#) guidelines but to get you started I've marked the best dates for waxing/shaving to slow regrowth in yellow and the best dates to cut hair for thicker, lusher growth in green. If you're serious about Lunar Hair Care – why not purchase a moon calendar, available at most esoteric book stores, then you'll know exactly what time of day the moon changes from one zodiac sign to the next, meaning you can fine-tune your activities with confidence.

Date	Moon Sign	Element	Moon Phase
JUNE			
1 st	Leo	Fire	
1 st -3 rd	Virgo	Earth	First Quarter
3 rd -5 th	Libra	Air	
5 th -8 th	Scorpio	Water	
8 th -10 th	Sagittarius	Fire	Full Moon 9th
10 th -13 th	Capricorn	Earth	
13 th -15 th	Aquarius	Air	
15 th -18 th	Pisces	Water	Third Quarter
18 th -20 th	Aries	Fire	
20 th -22 nd	Taurus	Earth	
22 nd -24 th	Gemini	Air	
24 th -26 th	Cancer	Water	New Moon 24th
26 th -28 th	Leo	Fire	
28 th -30 th	Virgo	Earth	
30 th -3 rd	Libra	Air	



JULY

Date	Sign	Element	Moon Phase
1 st -3 rd	Libra	Air	First Quarter
3 rd -5 th	Scorpio	Water	
5 th -8 th	Sagittarius	Fire	
8 th -10 th	Capricorn	Earth	Full Moon 9th
10 th -13 th	Aquarius	Air	
13 th -15 th	Pisces	Water	
15 th -17 th	Aries	Fire	Third Quarter
17 th -19 th	Taurus	Earth	
19 th -21 st	Gemini	Air	
21 st -23 rd	Cancer	Water	
23 rd - 25 th	Leo	Fire	New Moon 23rd
26 th -28 th	Virgo	Earth	
28 th -30 th	Libra	Air	
30 th -1 st	Scorpio	Water	First Quarter

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at stella@stellastarwoman.com

PS – Don't forget to check out your June Stars at www.stellastarwoman.com

Happy Stargazing

Stella Woods

www.stellastarwoman.com

