

AstroUpdate – December 2016

Special Christmas Offer - Buy One Get One Free!

Everyone loves a special offer and this month I have two special Christmas offers for you valid right through December!

OFFER ONE FREE MAGIC CARD DECK WITH EVERY BOOK PURCHASED

Purchase a copy of my full colour, hard copy book *The Seven Secrets of Magic & Manifestation* (RRP \$34.95) before the 31st December 2016 and I will send you a beautiful, gilt-edged *Magic Affirmation Card Deck* (RRP \$29.95) ABSOLUTELY FREE!



OFFER TWO TWO MAGIC CARD DECKS FOR THE PRICE OF ONE

Purchase a beautiful, gilt-edged *Magic Affirmation Card Deck* (RRP \$29.95) before the 31st December 2016 and I will send you another deck ABSOLUTELY FREE!



The book and cards are quality stand-alone products, so you could keep the book for yourself and give the cards as a gift.... OR you could order two sets and keep one for yourself...

TO TAKE ADVANTAGE OF THESE SPECIAL OFFERS CLICK ON THE LINKS BELOW

SPECIAL OFFER ONE

Magic & Manifestation Book + Free Card Deck - ONLY \$34.95 +P&P

SPECIAL OFFER TWO

Affirmation Card Deck - Buy One, Get One Free - ONLY \$29.95 +P&P

Offer expires 31st December 2016

Venus in Aquarius
Kinky, Quirky & Unpredictable



Venus rules love, beauty, creativity, money and pleasure meaning that when she sashays through quirky and unpredictable Aquarius, anything could happen. Venus will be flirting with Aquarius from 8th December right through to the New Year, so watch out! If you've fallen in a rut, she'll tease you with the promise of brighter and shinier things. Stay one step ahead of her by planning something new, different or exciting over the holiday season.

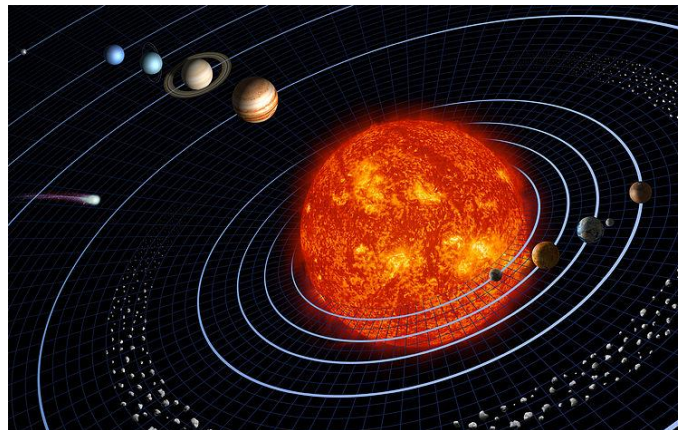


Gemini Full Moon – The Creative Power of Spirit



The December full moon falls on the 14th in air sign Gemini (22-23°). The Sabian Symbol for this full moon shows three fledglings in a nest high in a tree. These young birds symbolise the Divine Trinity and, in particular, the integration of the creative power of the spirit. As the moon reaches fullness, she forms a mystic rectangle with the Sun, Saturn, Uranus and Jupiter offering enormous potential for the creative and constructive use of your own unique, natural talents.

Mercury Retrograde – Unfinished Business



From 19th December to 8th January, communication planet Mercury will be travelling backwards through earth sign Capricorn. When Mercury is retrograde, our unconscious and intuitive sides are particularly active and the best laid plans often come to a halt as events take on a life of their own. Mercury retrograde can be a time of frustration and misunderstandings when things keep going wrong or breaking down. You may also need to complete unfinished business that's preventing you from moving forward. And as Mercury travels backwards through practical Capricorn, ask yourself: "How can I be more authentic, responsible, accountable and productive?"



Celebrating the Summer Solstice



For thousands of years, people all over the world have celebrated the first day of summer also known as Midsummer Day, St. John's Day, Litha or the Summer Solstice. Sol + stice derive from a combination of Latin words meaning "sun" + "to stand still". As the days grow longer, the sun rises higher in the sky until it seems to stand still marking the longest day and shortest night of the year. This year our Australian summer solstice falls on the 21st December, a time to relish the fullness of life and raise our energy to create abundance and manifest dreams.

Here are some ideas for celebrating this special time of year and keeping those spiritual fires burning right through to autumn.

- Get up early, head to the beach or hills and greet the dawn with friends and enjoy a special breakfast or perhaps a bit of chanting and yoga, followed by a refreshing swim.
- Prepare a picnic feast or barbecue on the eve of the solstice. Make a Sun Wheel by creating a large wreath with flowers, twigs and moss. Then get some strips of paper and have your friends write a wish on it and tie it to the wreath.
- Light some brightly coloured candles and create your own Altar of Light surrounded by luscious summer fruits and flowers. Meditate on all you have to be grateful for at this special time of year.
- Put some fresh herbs and flowers in a jar full of water then cover and leave in the sun to make a magical potion to use as you will!
- If you live in an area where you can light fires, invite friends to a summer bonfire party with singing, dancing and drumming. Throw fresh local herbs into the fire as you each make a wish.
- For a more personal celebration, light a white candle in front of a mirror at dawn and give thanks for the gift of light and life.
- Gather or buy some yellow and orange flowers and make a Sun Mandala. Pick the petals off the flowers and arrange them in circular patterns. The act of creating something beautiful and sacred is both healing and relaxing.
- Head to the beach, lake or river to celebrate the great outdoors and your connection with nature and the cosmos. And finally, why not make some flower wreaths? You can't help but feel beautiful with flowers in your hair!



Sun in Capricorn
Shrewdness, Self-Discipline & Determination



From 21st December to the 20th January, the sun travels through earth sign Capricorn, noted for her shrewdness, self-discipline, determination and respect for tradition and authority. Capricorns have practical and executive ability, are very responsible and love status. They are prepared to work incredibly hard to achieve their dreams and goals. But those born under the sign of the Goat often lead a solitary existence, feeling burdened by the responsibility they carry and struggling with the limitations of material life. At best they use their leadership skills to serve the community and act as pillars of strength for friends and family, believing patient, hard work brings its own rewards. The Capricorn colours are brown and black. Capricorn's greatest lesson is to lighten up and express feelings and emotions.

Capricorn New Moon
Set Your New Year Intentions



The December new moon falls on the 29th in earth sign Capricorn, the time of year when we reflect on the past and wonder what the future might bring. This new moon is full of ideas and promise, but achieving dreams and goals requires hard work and dedication. Cast your mind back to this time last year and reflect on how far you have come, and then set your intentions for 2017. With Mercury still retrograde, you will instinctively know what is most important.

December & January Moon Calendar

Launch projects at the New Moon, bring them to completion in the period from just before the Full Moon to the Third Quarter phase and wind them down and reflect on developments in the week before the next New Moon.

The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and thinner).

You can use this moon table to select the most favourable days to slow or increase hair regrowth. Full instructions can be found in my Lunar Hair Care guidelines at www.stellastarwoman.com/files/LunarHairCare.pdf but to get you started I've marked the best dates for **waxing/shaving to slow regrowth** in **yellow** and the best dates to **cut hair for thicker, lusher growth** in **green**. If you're serious about Lunar Hair Care – why not purchase a moon calendar – available at most esoteric stores - then you'll know exactly what time of day the moon changes from one zodiac sign to the next, meaning you can fine-tune your activities with confidence.

Date	Moon Sign	Element	Moon Phase
DECEMBER			
1 st	Sagittarius	Fire	
1st – 4th	Capricorn	Earth	
4th - 6th	Aquarius	Air	
6th - 8th	Pisces	Water	First Quarter
8th-10th	Aries	Fire	
11th-12th	Taurus	Earth	
13th-14th	Gemini	Air	Full Moon 14th
15th-16th	Cancer	Water	
17th-19th	Leo	Fire	
19th-21st	Virgo	Earth	Third Quarter
21st -24th	Libra	Air	
24th-26th	Scorpio	Water	
26th-29th	Sagittarius	Fire	
29th-31st	Capricorn	Earth	New Moon 29th



JANUARY

1 st -2 nd	Aquarius	Air	
2 nd -5 th	Pisces	Water	
5 th -7 th	Aries	Fire	First Quarter
7 th -9 th	Taurus	Earth	
9 th -11 th	Gemini	Air	
11 th -13 th	Cancer	Water	Full Moon 12th
13 th -15 th	Leo	Fire	
15 th -17 th	Virgo	Earth	
17 th -20 th	Libra	Air	
20 th -22 nd	Scorpio	Water	Third Quarter
22 nd -25 th	Sagittarius	Fire	
25 th -27 th	Capricorn	Earth	
27 th -30 th	Aquarius	Air	New Moon 28th
30 th -1 st	Pisces	Water	

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at stella@stellastarwoman.com

PS – Don't forget to check out your December Monthly Stars at www.stellastarwoman.com to see what's coming up this month.

Happy Stargazing & Happy Christmas to you all.

Stella Woods

www.stellastarwoman.com















