

AstroUpdate – April 2018

Hi and welcome to the Stella Starwoman April AstroUpdate and hope you had an enjoyable Easter break. Mercury is still retrograde for the first half of the month (missing parcels has been the theme for me) so take it easy and don't sweat the small stuff!

Venus in Taurus – Celebrating Physical Abundance



Venus rules love, beauty, creativity, money and pleasure and each month she cruises through a different sign of the zodiac. This month she visits sensual earth sign Taurus as we celebrate life in the physical body. Daily life takes on a glorious multi-coloured hue with pampering, fashion and beauty all perfect activities to indulge in. Or perhaps you'd prefer home-cooked food; fresh flowers from the garden; fine wines, craft beers, cosy furnishings, warm fires or the earthy beauty of nature? Perfect activities for the golden days of autumn. Finances often take a turn for the better with Venus in Taurus - the keyword is 'physical abundance'.

Venus will be sashaying through Taurus right through to the 25th April so light the fire, book that massage or simply take a long soak in the bath...

Mercury Direct – Back on Track



Communication planet Mercury has been travelling backwards through the tactless but brutally honest fire sign Aries since late March, pushing us to deal with unfinished business, delivering home truths and alerting us to hunches and gut feelings. When Mercury is retrograde, our unconscious and intuitive sides are extremely active and the best laid plans often come to a halt as events take on a life of their own. On 15th April, Mercury comes to a halt and starts moving forwards again helping us make sense of the events of the past three weeks... and you never know - that missing parcel could well turn up!

April New Moon – A Breath of Fresh Aries



The power-packed April new moon falls on the 16th in fire sign Aries with sun and moon right next door to revolutionary Uranus. Sparks could fly, but at the very least



you'll be full of energy and raring to go. Communication planet Mercury is picking up speed and will be moving through Aries for the rest of April, enhancing the power of this new moon. The best advice is to start something adventurous, daring or different and you'll almost certainly achieve your goal.

Happy Birthday Taurus



From the 20th April to the 21st May, the Sun travels through earth sign Taurus, whose symbol is the majestic and powerful bull. Taureans love sensual and physical pleasure and are generally caring and affectionate, patient, steadfast and reliable with excellent taste, enjoying financial security and prosperity. They can be very stubborn and take things literally so, when dealing with a Taurean, proceed slowly and steadily and always explain things in a practical manner. Taureans usually resist change and their anger can be truly awesome as it builds up steadily over a long period of time. When they are out of balance they often suffer from sore throats, stiff jaws or thyroid problems. The Taurean colours are pink, light blue, russet and the warm earthy tones. Taurus has a strong connection with the arts, particularly music with many being excellent singers. With their innate understanding of the physical body and material world, many Taureans work in the financial, food, fitness and health industries. Their greatest lesson is to accept and embrace change.



Chiron in Aries – Fighting to Save the Planet



2018 is a year of huge shifts as three of the slower moving planets, representing collective energies, change zodiac sign. Saturn moved into home sign Capricorn in late December; Uranus shifts into Taurus in May and this month, April, the asteroid Chiron will move into fire sign Aries.

Chiron the Centaur (a being who is half god and half horse) is often seen as an alchemist. In mythology he is often referred to as the 'wounded healer'. Symbolically, he acts as a link between the conscious and unconscious mind; the personal and collective experience; with his orbit being between Saturn (the last visible planet) and Uranus (the first non-visible planet). His role is to break up different forms of existence, disparate realities and diverse viewpoints and help put everything back together in a better and more holistic way.

With Chiron in warlike Aries (2018-2027) the process will be one of fighting for new and creative ways of healing nature, including human nature. Chiron in Aries could symbolise a time of recognition about the wounding of the Earth and a renewed passion and willingness to fight for the survival and healing of our planet.



Scorpio Full Moon



The April full moon falls on the 30th in water sign Scorpio but with both sun and moon square the nodal axis and a powerful Mars-Pluto conjunction in Capricorn, we're talking more trench warfare than rainbows and unicorns. The energy is unapologetically stubborn and intransigent, so with that in mind, try to avoid situations you know will result in conflict and instead do some hard, physical work, hit the gym, practice martial arts or engage in any activity that gets the blood pumping. A full moon brings hidden energies out into the open, so don't be surprised if you find yourself feeling out of sorts or even angry for no particular reason. This too shall pass...



April & May Moon Calendar

Launch projects a couple of days after the New Moon, bring them to completion in the period from just before the Full Moon to the Third Quarter phase and wind them down and reflect on developments in the week before the next New Moon.

The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and thinner).

You can use this moon table to select the most favourable days to slow or increase hair regrowth. Full instructions can be found in my [Lunar Hair Care](#) guidelines but to get you started I've marked the best dates for waxing/shaving to slow regrowth in yellow and the best dates to cut hair for thicker, lusher growth in green. If you're serious about Lunar Hair Care – why not purchase a moon calendar, available at most esoteric book stores, then you'll know exactly what time of day the moon changes from one zodiac sign to the next, meaning you can fine-tune your activities with confidence.

Date	Moon Sign	Element	Moon Phase
APRIL			
Date	Sign	Element	Moon phase
1 st -2 nd	Libra	Air	
2 nd -4 th	Scorpio	Water	
4 th -7 th	Sagittarius	Fire	
7 th -9 th	Capricorn	Earth	Third Quarter
9 th -12 th	Aquarius	Air	
12 th -14 th	Pisces	Water	
14 th -16 th	Aries	Fire	New Moon 16th
16 th -18 th	Taurus	Earth	
18 th -21 st	Gemini	Air	
21 st -23 rd	Cancer	Water	
23 rd -25 th	Leo	Fire	First Quarter
25 th -27 th	Virgo	Earth	
27 th -29 th	Libra	Air	
29 th -2nd	Scorpio	Water	Full Moon 30th



MAY

Date	Sign	Element	Moon phase
1 st -2 nd	Scorpio	Water	
2 nd -4 th	Sagittarius	Fire	
4 th -7 th	Capricorn	Earth	
7 th -9 th	Aquarius	Air	Third Quarter
9 th -11 th	Pisces	Water	
11 th -14 th	Aries	Fire	
14 th -16 th	Taurus	Earth	New Moon 15th
16 th -18 th	Gemini	Air	
18 th -20 th	Cancer	Water	
20 th -22 nd	Leo	Fire	Sun in Gemini 21st
22 nd -24 th	Virgo	Earth	First Quarter
24 th -26 th	Libra	Air	
26 th -29 th	Scorpio	Water	
29 th -31 st	Sagittarius	Fire	Full Moon 30th
31 st -3rd	Capricorn	Earth	

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at stella@stellastarwoman.com

Happy Stargazing

Stella Woods

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