

AstroUpdate – February 2010

Hi and welcome to the Stella Starwoman February AstroUpdate! Hope you're enjoying the new year.

February Workshops

Make sure you don't miss any of the four brand new workshops I'm holding this month. Many of you have told me you're just too busy to commit to a whole term or year of study so these workshops are specially designed for you.

SPECIAL OFFER FOR ASTROUPDATE SUBSCRIBERS

Book in for one workshop and pay only \$60 for a second workshop OR bring a friend for \$60.

LOVE & RELATIONSHIPS – 'Where A Girl Goes, cnr Oxford & Langridge Streets, Collingwood from 9 – 2.30 pm Sunday 7th and Sunday 14th February. Cost \$170 per individual workshop includes light lunch.

The first two workshops are on love and relationships, so if you're wanting to spice up your love life or find the man/woman of your dreams, check these out. The first workshop on the 7th deals with how to maintain a successful relationship and the Valentine's Day workshop will help you find Mr or Ms Right. You can attend one or both – it's up to you. [Click here](#) to go to the Workshop Page on the website for more details.

TAROT Neighbourhood House, 87 Tennyson Street, Elwood from 1 -5 pm Sunday 21st February. Cost \$175 includes afternoon tea, deck of tarot cards & Tarot Handbook

The third workshop is an introduction to the Tarot Major Arcana and the Fool's Journey, so if you've always wanted to learn more about tarot, this is a great place to start. All participants will receive their own deck of tarot cards plus a full colour Tarot Handbook. [Click here](#) to go to the Workshop Page on the website for more details.

ASTROLOGY Neighbourhood House, 87 Tennyson Street, Elwood from 1 -5 pm Sunday 28th February. Cost \$175 includes afternoon tea & Personal Birth Chart

The final workshop on the 28th February is an introduction to the twelve signs of the zodiac and how they fit into your birth chart. If you want to understand yourself better or learn what makes your partner tick, come along for a fun-filled afternoon. Birth Chart Report included. [Click here](#) to go the Workshop Page on the website for more details.

TO RESERVE YOUR PLACE

- 1) Call Stella on (03) 9534 5021 with your credit card details OR
- 2) [Click here](#) for a booking form and mail, fax or email with your payment OR
- 3) Email/ phone Stella to check places are available then transfer money to:

Account:	Stella Starwoman	Bank:	Commonwealth Bank of Australia
BSB Code:	063 131	Account Number:	1009 0630
Reference:	Your Name		

Book in for one workshop and pay only \$60 for a second workshop OR bring a friend for \$60.



Astrology & Tarot Courses 2010

I've uploaded all the 2010 course info to my websites, so if you're keen to learn more about astrology, tarot or magic & manifestation, visit www.stellastarwoman.com (astrology, magic) or www.tarotforthejourney.com (tarot). Bookings for all courses are now open and places are filling fast. Call (03) 9534 5021 or email stella@stellastarwoman.com

TAP INTO TAROT – One Year Course for Beginners – Starts Monday 6 pm, 15th March in Elwood
ASTROLOGY FOR BEGINNERS – One Year Course for Beginners – Starts Tuesday 6 pm, 16th March in Elwood
PRACTICAL TAROT – Eight Week Intensive – Starts Monday 7.30 pm, 15th March in Elwood
PRACTICAL NATAL CHART READING – Sixteen Weeks – Starts Tuesday 7.30 pm, 16th March in Elwood
MAGIC & MANIFESTATION – Eight Week Course – Starts Monday 17th May at 7.30 pm

2010 Astro - Energies

The lunar eclipse at the Cancer full moon in the early hours of the New Year helped us put 2009 into perspective. Eclipses bring hidden energy to the surface and offer renewed clarity. The keyword for this eclipse was 'deconditioning' – the need to develop original, independent thought, including the ability to make fun of petty cultural habits and beliefs and to laugh at one's own sense of self-importance.

Last year's triple conjunction of Jupiter, Neptune and Chiron in humanitarian Aquarius prepared and cleared the way for the next stage of planetary evolution. The message is unequivocal. 'United we stand, divided we fall.' The 2001 World Trade Centre bombing, the ensuing war on terror and the more recent financial and environmental meltdown are all events that have made us realise we are interconnected on a global level, whether we like it or not.

The message for the coming decade is therefore the importance of individual and independent thought coupled with united action. Of course, this is easier said than done. After a whole century of focussing on the rights of the individual, of women, of animals, of children, of gays, of blacks, of the disabled and sick, of indigenous people, of third world countries etc we now need to work together to ensure the survival of our species and the future of our planet. We talk of the evolution of humanity and the new vibration post-2012 as though these are spiritual concepts, but this new world order is essentially a practical one, albeit based on different paradigms.

Economically the way of the future is towards shorter supply lines, barter, working closer to home or from home, farmers markets and community swaps. Any business ideas based on these principles will thrive. We also need to realise the future is in our hands, not in the hands of centralised government. Our existing systems are incapable of serving our current way of life, but most of us have a significant reluctance to embrace alternative systems.



Australian Deputy Prime Minister, Julie Gillard described herself recently as a 'good global citizen', a phrase which attracts over 40 million hits on Google and seems to have been coined around the turn of the millennium. The Internet and other technologies such as the iPhone and Skype have played an important role in this move towards the concept of global citizenship, along with cheap air fares and the wide acceptance of credit cards. But there are other forces at work: a decline in civic engagement, the rise of lifestyle politics, the homogenisation and branding of products and the proliferation of social networking sites such as Twitter and Facebook that tell us more about each other than ever before.

The most recent example of this global citizenship phenomenon has been the collective response to the massive earthquake in Haiti, which fell between the January lunar and solar eclipses. (Interestingly, the Black Saturday Australian bushfires also fell between the lunar and solar eclipses of early 2009). The proliferation of iPhones has meant that news and pictures from the frontline can be viewed seconds later in any part of the world. Modern technology has also allowed the public and aid organisations to raise money quickly and efficiently, though delivering this aid to those on the ground has been less speedy.

So how does our solar system reflect this emerging reality?

Humanitarian issues will continue to take centre stage throughout 2010 as Jupiter and Chiron move into compassionate Pisces and Neptune continues his fourteen year journey through air sign Aquarius, which began in 1998 and will end in early 2012. This period has been marked by a mass unleashing of creativity in communication, music and the arts as a result of easy access to the new technologies of the past two decades. The shadow side of Neptune in Aquarius is the blurring of the boundaries between public and private life. We have sacrificed our personal freedom and privacy, paving the way for identity theft, spying, stalking and increased government control over our personal and financial affairs. The full extent of these consequences is yet to be revealed. After all no one foresaw how the invention of the car and plane would lead to the mechanised warfare of WW1 or how the invention of the contraceptive pill would produce massive changes in family structure. Once a person is defamed on a website or a drunken, topless photo appears on Facebook, the whole world knows about it and judges accordingly. Neptune in Aquarius has also brought about an increased interest in the spiritual and esoteric side of life and a rise in the number of films and artistic projects dedicated to this subject.

After two years of financial belt tightening, downsizing and corporate collapse, we are feeling the full effects of Pluto's transit through practical earth sign Capricorn, which began in early 2008 and will be with us until 2024. 'Saving is the new Spending' according to the UBank ad and that mantra will be with us for some time to come. The recent global financial crisis is a taste of the sort of thing we can expect in a world out of balance, but still somewhat abstract compared to what will happen if we run out of coal, oil, water, fish etc. Though our chances of reversing environmental damage are zero in the short term, we can choose to view our situation in a completely different way. Everyone knows that we face major adjustments in the direction of making do with less, but the impact of that reality has not yet hit. We still drive our cars to work, take our foreign holidays, water our gardens, devour our steaks and enjoy our imported consumer goods produced by cheap Third World labour.

Finally the real mover and shaker of 2010 is Uranus, ruler of revolution, technology and higher mental frequencies. Uranus will enter entrepreneurial fire sign Aries in the middle of the year after a seven year stint in water sign Pisces. War will be declared on oppressive situations and many who have borne the international events of the past few years stoically will begin to protest and demand justice and revolution. Those who channel their creative self-expression into the arts will find the new vibrational energy inspirational, while those whose whole life is a creative project will be able to make sweeping changes.



Chinese New Year – The Metal Tiger

The Chinese Year of the Metal Tiger begins on the 14th February at the Aquarian new moon. Those born in 1926, 1938, 1950, 1962, 1974, 1986 and 1998 are all born in the year of the Tiger.

The Tiger is a lively and charismatic creature known for his willingness to fight and his amazing courage. The Chinese say that having a Tiger in the house provides excellent protection against fires and burglary. Tigers are not motivated primarily by power or money, but they do enjoy praise and approval. Charming and energetic, Tigers are usually very popular and used to getting their own way, but if a Tiger feels like a failure, they can seek into deep depression.

Tigers are incredibly competitive - they simply cannot pass up a challenge, especially when honour is at stake, or they are protecting those they love. Natural leaders, Tigers also have a strong sense of their own importance and if they are ordered around, can be stubborn and obstinate. Tigers are generally intelligent, alert, and farsighted. As long as they do not risk their luck too often, and keep their restless nature under control, their tactics usually pay off in life.

2010 will be a year when Tigers can really shine, both personally and professionally and overcome any recent setbacks or obstacles. For the rest of us, the Year of the Tiger accentuates any tendency towards rebellion and confrontation. The Tiger is the third of the twelve animal signs of the Chinese zodiac.

Mars Retrograde – Taming the Inner Demon

In the December AstroUpdate we looked at the Mars retrograde transit through Leo that began on the 21st December and is in full force throughout January and February. You may remember that Mars retrograde brings any underlying grievances to the surface and forces us to align our actions with our true purpose. Problems can no longer be ignored when Mars is retrograde. By this stage you should be clear about the reasons for any recent anger or 'irrational' behaviour and have taken steps to deal with the fallout from the past few weeks.

Personally, I've seen several long term relationships crumble where the partners have not been openly honest with each other. Golfing star Tiger Woods has experienced a massive fall from grace during the Mars retrograde period with revelations of his multiple affairs and drink driving leading to a breakdown in his marriage and admission to a clinic for sex addicts. Woods also has the planet Uranus (sudden, unexpected events) transiting his house of marriage and was born when Mars was retrograde.

I've also had clients who've suffered minor accidents and injuries that have forced them to slow down and take stock. With two major eclipses in the middle of the Mars retrograde period, the beginning of 2010 is a time for reflection and regrouping. Ask yourself: "Am I being true to myself?" "Does my life have integrity?"



Featured Sign - Capricorn

From the 22nd December to the 20th January the Sun travels through earth sign Capricorn, noted for her shrewdness, self-discipline, determination to get ahead and respect for tradition and authority. Capricorn is the tenth sign of the zodiac with keywords “I aspire” and “I persist”. Capricorns have practical and executive ability, are very responsible and love status. They are prepared to work incredibly hard to achieve their dreams and goals. Those born under the sign of the Goat often lead a solitary existence, feeling burdened by the responsibility they carry and struggling with the limitations of material life. At best they use their leadership skills to serve the community and act as pillars of strength for friends and family, believing patient hard work brings its own rewards. Negatively, Capricorns can be selfish, mean, ruthless and materialistic with a tendency to arrogance and autocratic or controlling behaviour. In medical astrology, Capricorn rules the skin, knees and bones and also has a reflex action on the stomach. When Capricorns are out of balance they can suffer from rheumatism, arthritis, skin complaints such as rashes and boils and digestive disturbances. There can be a tendency towards pessimism and depression. The Capricorn colours are brown and black. Capricorn’s greatest lesson is to lighten up and express their feelings.

Featured Sign - Aquarius

From the 20th January to the 19th February the Sun travels through fixed air sign Aquarius, noted for its egalitarian nature, progressive ideas and humanitarian bent. Aquarius is the eleventh sign of the zodiac with keywords “I am different” and “I am detached”. Aquarians are both radical and immovable at the same time. They will often espouse a social or religious movement such as feminism, Buddhism or environmentalism and then remain committed to it for the rest of their lives. Those born under the sign of the Water Bearer often look to the future and have fine minds and a higher vision for society. Many Aquarians excel in the areas of science, technology and politics. At best they use their cool headed idealism to serve humanity. Negatively, Aquarians can be detached and aloof with a rebellious or fanatical streak. In medical astrology, Aquarius rules the calves, ankles and general circulation. When Aquarians are out of balance they can suffer from varicose veins, sprained ankles, irregularities of the heart action and fluid build-up. The Aquarian colours are turquoise, aqua and silver. Aquarius’s greatest lesson is to learn to care for individuals rather than groups.



February Moon Calendar

Launch projects at the New Moon, bring them to completion in the period from just before the Full Moon to the Third Quarter phase and wind them down and reflect on developments in the week before the next New Moon. The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and slimmer).

Many of you have written asking for info on the best time to cut your hair or wax/shave your legs. You can use this moon table to select the most favourable days to slow or increase hair regrowth. Full instructions can be found in my Lunar Hair Care guidelines at www.stellastarwoman.com/files/LunarHairCare.pdf however, subscriber Kelly Isara asked me to include this info in the AstroUpdate moon table, so I've marked the best dates for **waxing/shaving to slow regrowth** in **yellow** and the best dates to **cut hair for thicker, lusher growth** in **green**. Thanks for the suggestion Kelly! If you're serious about Lunar Hair Care - order your own 2010 Moon Calendar then you'll know exactly what time the moon changes from one zodiac sign to the next - see below for order details.

<u>Date</u>	<u>Sign</u>	<u>Element</u>	<u>Moon Phase</u>
1 st -3 rd	Virgo	Earth	Third Quarter
3 rd -5 th	Libra	Air	
5 th -7 th	Scorpio	Water	
7 th -9 th	Sagittarius	Fire	
9 th -12 th	Capricorn	Earth	
12 th -14 th	Aquarius	Air	New Moon 14 th Year of the Tiger
14 th -17 th	Pisces	Water	First Quarter
17 th -19 th	Aries	Fire	
19 th -22 nd	Taurus	Earth	
22 nd -24 th	Gemini	Air	
24 th -26 th	Cancer	Water	
27 th -28 th	Leo	Fire	
28 th	Virgo	Earth	

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at stellaw@ozemail.com.au

PS - Don't forget to check out your February Monthly Stars at www.stellastarwoman.com to see what's coming up for you this month.

Happy Stargazing

Stella Woods

