

AstroUpdate — January 2013

Happy New Year and welcome to the Stella Starwoman January AstroUpdate!

Having spent New Year's Eve bush camping under the light of a full moon after downing crayfish and beer on the beach, I'm feeling relaxed and ready for the New Year. I hope you are too!

We are doing our best to respond as quickly as possible to the hundreds of emails and phone calls received over Christmas/New Year period, so please be patient if you are waiting for a reply or wanting to book a reading. And it's not too late to purchase your 2013 moon calendar and moon diaries, so if you haven't ordered yours yet and would like to, click on the link to go to the [Stella Starwoman Store](#).

After all the drama of December 2012, I'm hoping 2013 will be a year of new life and new beginnings. Thank you for all the lovely emails and letters you have sent and best wishes to you and your family for a great new year.

Stella xx

The End of the World As We Know It?



If you're reading this it means the world didn't end on 21st December last year - congratulations on making it into the next 26,000 year cycle! We humans love drama, especially apocalyptic-like happenings, so as I share my predictions for the year 2013, I'd also like to offer some pointers on how to work with the emerging energy of change and growth. Planetary transits come and go, but your attitude to life is what really makes a difference.

Predictions for 2013

The outer planets of our solar system only change zodiac sign every 7-20 years, but as you can see from the table below, all the outer planets, (plus Saturn and Chiron) have changed sign since 2008. In earthly terms this equates to a simultaneous change in government in the USA, China, the UK, Australia, France and Germany!



Planetary Placement	Prediction	Dates
Pluto in earth sign Capricorn	Tightening the belt, getting rid of dead wood, being real, strengthening the foundations, focussing on the practical.	2008 – 2024
Neptune in water sign Pisces	Spiritual growth and transformation. Explosion in art, music and other creative forms of expression. Potential for mass delusion and escapism.	2011 - 2025
Uranus in fire sign Aries	Revolution, rebellion, war, brand new ideas and systems.	2011-2018
Chiron in water sign Pisces	Spiritual healing and growth. Potential for depression and addiction.	2010-2019
Saturn in water sign Scorpio	Reality check especially in the financial world and in personal relationships. Focus on the dark side of life. Cleaning out the closets.	2012-2015

Uranus in Aries as the harbinger of change and revolution has helped shift the balance of power with the overthrow of oppressive regimes in the Middle East. This trend is likely to continue as the tools of social networking and international communication put the power back in the hands of individuals rather than governments. On a personal level this means you can use social networking to create revolution and change in your own life, rather than waiting for someone else to make it happen. Together will we thrive and survive.

Pluto in Capricorn has challenged the power base of banks, governments and corporations. This has led to a worldwide economic downturn with falling house prices, erratic stock markets, spiralling debt problems and mass unemployment. Australia has been spared the worst of these problems as a result of our mining boom coupled with low levels of government debt plus, being a Capricorn country, Australia has a history of self-reliance and the ability to work hard towards long term goals. We are still at the mercy of economic events in Europe and the USA and, in the short term, our low public debt won't save the property sector from the negative effects of the global economy, but I believe in the medium to long term our low and sustainable public debt means property will continue to be a good investment. The mutual reception and sextile between Pluto in Capricorn and Saturn in Scorpio, in orb for most of this year, will help us apply considerable pressure to address the root causes of economic and environmental problems. With Saturn in Scorpio backing up Pluto in Capricorn, my advice is to pay down debt and limit unnecessary spending. Companies with strong fundamentals and sound business practices will continue to thrive. The same goes for individuals.

The letting go of our individuality so that we can access the ecstasy of the divine is the lesson of water sign Pisces, and in order to facilitate this transition we must release the individuality of Aquarius. The transit of **Chiron and Neptune through Pisces** coincides with the great social and global political clashes of Pluto in Capricorn and Uranus in Aries, suggesting that healing (Chiron) will come to us individually through a greater inward focus and attention to the spiritual side of life (Neptune), a world that lies beyond the material plane.

Summary

The period between 2008 and 2012 has been a momentous one marking the end of the world as we know it. Many are still reeling from the shock while others are looking forward with excitement and anticipation to a new and better way of doing things. All the fuss surrounding the end of the Mayan Calendar when the December 2012 solstice sun converged with the exact centre-line of the Milky Way or Galactic Centre has obscured the fact



that we are living through a crucial time in human history that began way before 2012 and will continue throughout the next decade and beyond. The key change is that after hundreds if not thousands of years of central control, it is slowly dawning us that with the new social networking technology we can change the world, sometimes overnight, simply by getting together, sharing ideas and deciding to do it differently.

For the past seven years I have been a proud member of the grass roots organisation GetUp. To me GetUp embodies the idea of real people-power divorced from party politics. GetUp have just sent me a short video of what they (and their 620,000 members) have achieved over the past 12 months with average donations of \$19. If you have three minutes to spare, check it out and see how easily we can change the world when we work together.

<https://www.getup.org.au/campaigns/2012/thanks-for-2012/getup-in-2012>

Finally, as Uranus and Pluto square up in 2013, any catastrophes that do occur will simply be a reflection of the misuse of the freedoms we've enjoyed over the past 40-45 years since the last Uranus-Pluto conjunction in the mid to late 1960s. There will be no easy solutions, but there will be a great deal of awareness of how we've created our current situation and when things seem to be at a total impasse (remember the Berlin Wall?) that's when people have insights and come up with new solutions. Maturity and reflection are keywords for 2013. It's time for us to grow up, take a more spiritual approach to life, stop being so stubbornly individual and start sharing, cooperating and loving. My recommendation for the year ahead is to spend a minimum of energy complaining about the problems and dysfunction in the wider world and instead spend time following your passion, contributing in your own way and experiencing the personal happiness that flows on from that.

Stella's Top Ten Tips for Happiness in 2013



- 1) Life is short – work out how many years you think you have left and then decide what you're going to do with that time so that when it's your turn to leave the planet you can look back on your personal contribution with a sense of pride, achievement and satisfaction.
- 2) Avoid wasting time on friendships and relationships that have clearly outgrown their original purpose. Have the courage to move on and spend time with people whose goals, values and interests are aligned with yours. Be real.
- 3) Stop watching the news and start creating your own.



- 4) Don't take yourself so seriously – laugh and have more fun – every day, every week, every year.
- 5) Tell everyone important in your life that you love them and then tell them why. Human touch is healing, loving and reassuring – do more of it.
- 6) Let go of the need to be right and agree to differ. Practise forgiveness and let go of grudges and long-standing battles.
- 7) Clean out your closets and garage and get rid of everything you don't need or want anymore. Pay off your debts.
- 8) Do something you've always wanted to but never made the time, space or money for.
- 9) Stop complaining about the faults and shortcomings of others and take action to change difficult situations. Be part of the solution, not the problem.
- 10) Be kind to yourself and others and give thanks everyday for the miracle of life – you never know when it will end!

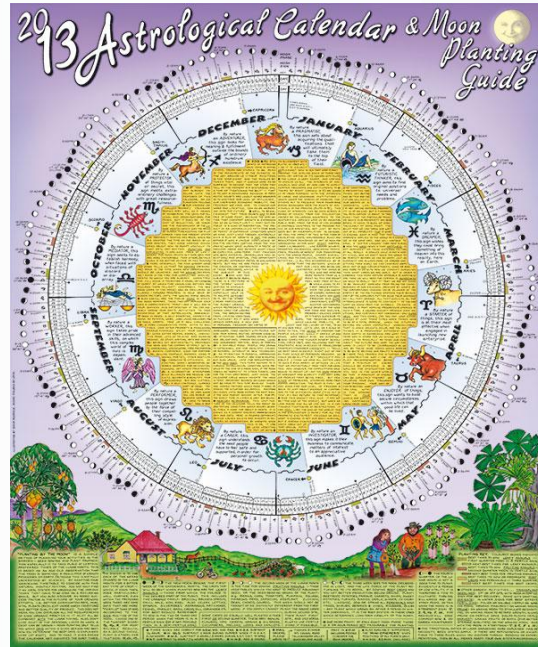
Featured Sign - Capricorn



From the 21st December to the 20th January the Sun travels through earth sign Capricorn, noted for its shrewdness, self-discipline, determination to get ahead and respect for tradition and authority. Capricorn is the tenth sign of the zodiac with keywords “I aspire” and “I persist”. Capricorns have practical and executive ability, are very responsible and love status. They are prepared to work incredibly hard to achieve their dreams and goals. Those born under the sign of the Goat often lead a solitary existence, feeling burdened by the responsibility they carry and struggling with the limitations of material life. At best they use their leadership skills to serve the community and act as pillars of strength for friends and family, believing patient, hard work brings its own rewards. Negatively, Capricorns can be selfish, mean, ruthless and materialistic with a tendency to arrogance and autocratic or controlling behaviour. In medical astrology, Capricorn rules the skin, knees and bones and also has a reflex action on the stomach. When Capricorns are out of balance they can suffer from rheumatism, arthritis, skin complaints such as rashes and boils and digestive disturbances. There can be a tendency towards pessimism and depression. The Capricorn colours are brown and black. Capricorn's greatest lesson is to lighten up and express their feelings and emotions.



2013 Moon Calendars & Diaries ON SALE NOW!



Thomas Zimmer Astro Calendar & Moon Planting Guide (pictured) - \$15.99

Moon Diary from Shekhinah Morgan - \$29.95 (10 left in stock)

Moontime Diary from Iris & Gisela - \$33.00 (2 left in stock)

[Click here to buy](#)

And Finally....Here's What I Did On Holiday



January Moon Calendar

Launch projects at the New Moon, bring them to completion in the period from just before the Full Moon to the Third Quarter phase and wind them down and reflect on developments in the week before the next New Moon. The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and thinner).

You can use this moon table to select the most favourable days to slow or increase hair regrowth. Full instructions can be found in my Lunar Hair Care guidelines at www.stellastarwoman.com/files/LunarHairCare.pdf but to get you started I've marked the best dates for **waxing/shaving to slow regrowth** in **yellow** and the best dates to **cut hair for thicker, lusher growth** in **green**. If you're serious about Lunar Hair Care - order your own Moon Calendar from the [Stella Starwoman Store](#) then you'll know exactly what time of day the moon changes from one zodiac sign to the next meaning you can fine-tune your activities with confidence.

<u>Date</u>	<u>Sign</u>	<u>Element</u>	<u>Moon Phase</u>
1 st -2 nd	Leo	Fire	Third Quarter
2 nd -4 th	Virgo	Earth	
4 th -6 th	Libra	Air	
6 th -8 th	Scorpio	Water	
8 th -10 th	Sagittarius	Fire	New Moon 12th
10 th -12 th	Capricorn	Earth	
12 th -14 th	Aquarius	Air	
14 th -17 th	Pisces	Water	First Quarter
17 th -19 th	Aries	Fire	
19 th -22 nd	Taurus	Earth	
22 nd -24 th	Gemini	Air	
24 th -27 th	Cancer	Water	Full Moon 27th
27 th -29 th	Leo	Fire	
29 th -31 st	Virgo	Earth	

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at stellaw@ozemail.com.au

PS – Don't forget to check out your January Monthly Stars at www.stellastarwoman.com to see what's coming up for you this month.

Happy Stargazing

Stella Woods

www.stellastarwoman.com

