

## *AstroUpdate – October 2009*

Exciting News! I'm setting up a shopping cart on my website and hope to be offering you moon diaries, moon calendars, zodiac affirmations, meditation CDs and tarot & astrology correspondence courses in the near future!

### *Magic & Manifestation Course- Five Places Left*

We've all heard about 'The Secret' and "The Law of Attraction", but most people struggle to put the principles of 'The Secret' into action. (Where exactly is my beautiful new car/home/partner/flat stomach?!) This eight week course will not only help you identify and focus on your dreams, but send you away with some wonderful and effective magical tools to make them come true in real life!

If you're interested in joining us, reserve your place now – there are five places left and the course starts on Monday. Fill in the booking form at the end of this newsletter OR phone Stella on 03 9534 5021 with your credit card details OR click here [Magic & Manifestation Course](#) to go straight to the website for info on course content, photos and participant feedback.

*Cost is \$395 for eight two-hour sessions including all workbooks and materials.  
Monday evenings 7.30 – 9.30 pm Elwood – Starts 5<sup>th</sup> October 2009*

### *Featured Signs- Virgo & Libra*

#### *Virgo*

The Sun travels through earth sign Virgo from 23<sup>rd</sup> August until 23<sup>rd</sup> September. Virgo is the sixth sign of the zodiac with keywords "I discern" and "I seek order. Virgo's symbol is the Virgin, the independent woman who answered to no man, but served the Goddess herself. The holy woman of the temple who initiated men into the sacred rites of sexuality.

Born to serve and heal, Virgos are noted for their calm demeanour, attention to detail, healing energies, love of nature and mastery of art and craft. When in balance, they are one of the most practical, kind-hearted and caring signs with an intuitive understanding of the mind-body connection. Usually blessed with fine minds, they are masters of research, data and language. Negatively, the Virgo individual can suffer from hypochondria, be over-critical, especially of self, highly-strung and prone to permanent worry and anxiety. Virgo rules the abdomen, intestines, spleen and central nervous system. When Virgos are out of balance they suffer nervous problems, and stomach and intestinal disorders. The Virgo colours are earthy tones, green and dark brown. Virgo's greatest lesson is to learn to be perfectly imperfect and accept imperfection in self and others.



## *Libra*

The Sun travels through air sign Libra from 23rd September until 23rd October this year. Libra is the seventh sign of the zodiac with keywords “I balance” and “I seek my other half”. Those born under the sign of the Scales promote love and harmony and teach us about give and take. They adore relationships, are often cultured or artistic and are experts in charm, diplomacy and negotiation. Negatively, Librans can be superficial, indecisive, manipulative or dependent and because they hate unpleasantness or disagreement, they often avoid conflict or reality. In medical astrology, Libra rules the kidneys, lumbar region and skin, so when Librans are out of balance they can suffer from lower back pain, kidney problems, urinary tract problems and skin diseases such as eczema. The Libra colours are ivory, pink, turquoise and blue. Libra’s greatest lesson is to learn to develop the ‘inner partner’ and become whole rather than seek an outer partner to feel complete.



## *October Astro-Energies*

With Mars passing over the karmic South Node in Cancer for the first half of October, watch out for men from the past coming back into your life! These may be old loves, family members you haven’t seen for years or even old enemies, for Mars is the god of war. If you find yourself feeling angry or irritable without knowing why, try meditation or journal writing to bring feelings to consciousness.

Venus meets with the Saturn Uranus opposition between the 8<sup>th</sup> and the 14<sup>th</sup> forcing us to choose between commitment in relationship and personal freedom. If you feel unsupported or confined, wait until later in the month before making any radical decisions about your relationship.

Mercury enters diplomatic Libra on the 10<sup>th</sup> followed by Venus on the 15<sup>th</sup> and a Libra new moon on the 18<sup>th</sup>. Libra is the sign of relationship, equality and fairness so these will be important themes throughout the second half of October helping smooth over any problems arising in the first part of the month.

Giant Jupiter has been travelling backwards through the zodiac since mid June. From mid October, Jupiter begins to move forward again picking up speed and helping us complete long term projects that have been on hold over the winter months.



Mars enters fiery Leo on October 17<sup>th</sup> heralding a challenging yet potentially productive and creative period for all Leos and forcing all fixed signs (Taurus, Scorpio and Aquarius) out of their comfort zone. Normally Mars spends a couple of months in any zodiac sign, but the mighty warrior will stay in Leo for almost eight months, right through to early June next year.

The Sun squares the Moon's nodes on the 19<sup>th</sup> October marking the half way point between two solar eclipses. Events triggered by the most recent solar eclipse (22<sup>nd</sup> July in Cancer) frequently manifest when this nodal square occurs, so if you experienced loss or sudden breakthrough back in July, this could be a time of healing or greater understanding.

The energy changes as the Sun enters moody and passionate water sign Scorpio on the 23<sup>rd</sup> followed by communication planet Mercury on the 28<sup>th</sup>.

Finally Pagans celebrate the festival of Beltane on the 31<sup>st</sup>. The European Celts lit great bonfires to mark this time of transition from spring to summer. Beltane honours fertility – nesting birds, mating livestock, blossoming trees and buzzing bees. Traditionally anything went during this holiday so use your imagination!

## *October New Moon - Full Moon*



The October full moon falls on the 4<sup>th</sup> in fiery and impulsive Aries. This weekend is the perfect time for a spring celebration or barbecue. The conversation will flow freely and the atmosphere promises to be electric, with Uranus opposite Mercury and trine to Mars.

The October new moon falls on the 18<sup>th</sup> in artistic and diplomatic Libra. Libra is the sign of relationship, equality and fairness so these will be important themes throughout the second half of October helping smooth over any problems arising in the first part of the month.



## October Moon Calendar

Launch projects at the New Moon, bring them to completion in the period from just before the Full Moon to the Third Quarter phase and wind them down and reflect on developments in the week before the next New Moon. The period between the New Moon and the Full Moon is the waxing moon. The period between the Full Moon and the New Moon is the waning moon.

Many of you have written to me asking when is the best time to cut your hair or wax/shave your legs. You can use this moon table to select the most favourable days to slow or increase hair regrowth. Full instructions can be found in my Lunar Hair Care guidelines at [www.stellastarwoman.com/files/LunarHairCare.pdf](http://www.stellastarwoman.com/files/LunarHairCare.pdf)

<u>Date</u>	<u>Sign</u>	<u>Element</u>	<u>Moon Phase</u>
1 <sup>st</sup>	Aquarius	Air	
1 <sup>st</sup> -3 <sup>rd</sup>	Pisces	Water	
3 <sup>rd</sup> -6 <sup>th</sup>	Aries	Fire	Full Moon 4th
6 <sup>th</sup> -8 <sup>th</sup>	Taurus	Earth	
8 <sup>th</sup> -10 <sup>th</sup>	Gemini	Air	
10 <sup>th</sup> -12 <sup>th</sup>	Cancer	Water	
12 <sup>th</sup> -14 <sup>th</sup>	Leo	Fire	
14 <sup>th</sup> -16 <sup>th</sup>	Virgo	Earth	
16 <sup>th</sup> -19 <sup>th</sup>	Libra	Air	New Moon 18th
19 <sup>th</sup> -21 <sup>st</sup>	Scorpio	Water	
21 <sup>st</sup> -23 <sup>rd</sup>	Sagittarius	Fire	
23 <sup>rd</sup> -26 <sup>th</sup>	Capricorn	Earth	
26 <sup>th</sup> -28 <sup>th</sup>	Aquarius	Air	
28 <sup>th</sup> -31 <sup>st</sup>	Pisces	Water	

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at [stellaw@ozemail.com.au](mailto:stellaw@ozemail.com.au)

PS – Don't forget to check out your October Monthly Stars at [www.stellastarwoman.com](http://www.stellastarwoman.com) to see what's coming up for you this month. I've also posted new articles on Saturn in Libra and Generation 'Y'.

Happy Stargazing

Stella Woods



# BOOKING FORM FOR 2009

## TERM DATES

Monday Evenings 7.30 – 9.30 pm (\$395 for eight week course)

(5 Oct - 30 Nov) MAGIC & MANIFESTATION COURSE

## VENUE

Elwood Community Centre, 87 Tennyson Street, Elwood (cnr Scott Street)

## TRANSPORT

67 tram down St Kilda Road – 5 minute walk.  
Ripponlea/Elsternwick Station - 10 minute walk.  
Parking freely available in Tennyson Street

## BOOKINGS

Only 16 places available per course – book early to reserve your spot.  
Bookings essential – you will be contacted to confirm your place.

**Please send your payment with the slip below to:  
Stella Starwoman, PO Box 2282, St Kilda West, VIC 3182.  
tel (03) 9534 5021 or [stella@tarotforthejourney.com](mailto:stella@tarotforthejourney.com)**



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.....CONTACT TEL : .....

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TYPE OF CARD : Visa/Mastercard .....

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