

## *AstroUpdate – November 2009*

Hi and welcome to the Stella Starwoman November AstroUpdate!

I've been very rebellious and instead of sending this newsletter out at the end of October, I've been partying over the Melbourne Cup weekend and enjoying the full moon energy. Sailing, swimming, sunbathing, strolling and punting. Just what the doctor ordered. And yes I had a small voice in my head telling me I should be working, but for once, I ignored it and that felt great. I encourage you to do the same from time to time, especially if you have the moon in Virgo like me (or Capricorn - another 'over dutiful' moon sign)!

And talking of moon signs, I'm promoting two moon-based products this month for your enjoyment and education, given that over half of you have told me you're interested in emotional balance and lunar cycles. If you'd like to order a moon calendar or moon diary, you'll find a booking form at the end of this newsletter or simply call (03) 9534 5021 with your credit card details.

## *2010 Moon Calendar*

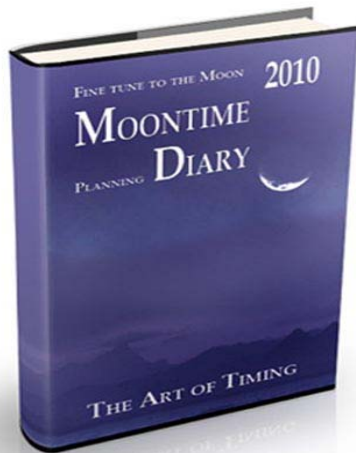


Firstly the magnificent **Thomas Zimmer Astrological Calendar and Moon Planting Guide** - in my view, the best available in Australia. Now Thomas Zimmer is not only an amazing astrologer, he is quite remarkable in that he has no telephone, no fax machine, no website and no email address! Thomas lives in an old farmhouse bordering the World Heritage listed Tweed Valley in the very bosom of Mother Nature complete with veggie garden, solar power etc etc. So, by purchasing one of Thomas's calendars, not only are you supporting a visionary Australian, but you're buying a year's supply of moon wisdom from a pure source. I have his calendar about one foot from my desk and refer to it daily. Thomas presents an astrological/political overview for the year and gives information on gardening by the moon, new moon/full moon cycles, eclipses, daily moon placements with interpretations and much, much more. In marketing speak this calendar is a 'must have'.

***Cost \$15 (includes P&P anywhere in Australia)***

***Orders (03) 9534 5021 or  
fill in the booking form below***





## *2010 Moon Diary*

And secondly, if you're after a diary, my recommendation is the [2010 Moontime Diary](#) another Australian made product from Iris and Gisela. Printed on 100% recycled paper with a soft-bound, smart dark blue cover, it's packed with information about how to fine tune your life to the cycles of the moon and tread lightly on the planet. Want to know when to cut your hair to slow regrowth or encourage curls? When to plant those seedlings, harvest those vegetables or begin that creative project? The information is all in here in a very accessible, easy-to-follow format. The diary also has a monthly ephemeris, for those who like to track planetary positions. These wonderful women have done all the hard work for you and with Christmas just around the corner, this could be the perfect, low-stress shopping solution for PCT (Pre-Christmas Tension).

*Cost \$36 (includes P&P anywhere in Australia). Orders (03) 9534 5021 or fill in the booking form below*

## *Astrology & Tarot Courses 2010*

I've just uploaded all the 2010 course and workshop info to my websites, so if you're keen to learn more about astrology, tarot or magic & manifestation, visit [www.stellastarwoman.com](http://www.stellastarwoman.com) (astrology, magic) or [www.tarotforthejourney.com](http://www.tarotforthejourney.com) (tarot). There's also a summary of course details at the end of this newsletter and based on your feedback, I'm also holding some afternoon tarot and astrology workshops in February. Bookings for all courses and workshops are now open.



## *Featured Sign - Scorpio*

The Sun travels through water sign Scorpio from the 23<sup>rd</sup> October until 22<sup>nd</sup> November. Scorpio is the eighth sign of the zodiac with keywords “I survive” and “I am intense”. Scorpio has three symbols, the scorpion, representing Scorpio’s lower nature, her jealousy, desire for revenge and tendency to manipulate others; the eagle, representing Scorpio’s ability to soar above emotional attachment thus accessing the true power of the sign and finally the holy dove, symbol of divine love, compassion and forgiveness. Those born under the sign of the Scorpion are usually loyal, strong and courageous. They love exploring the mysteries of life – birth, death, sexuality, reincarnation and anything taboo. They have a reputation for being passionate, secretive and highly sexual and due to their emotional intensity, often have to deal with issues of trust and betrayal. Negatively, Scorpions can be possessive, jealous, vindictive, destructive and manipulative, particularly when hurt or betrayed. In medical astrology, Scorpio rules the organs of elimination and reproduction including the urinary tract, bowel, prostate gland and nasal bones. When Scorpions are out of balance they can suffer from haemorrhoids, constipation, urinary tract infections, menstrual and reproductive problems plus catarrh and sinus problems. The Scorpio colours are dark red, purple, dark green and black. Scorpio’s greatest lesson is to learn to let go on an emotional level and forgive. Pluto and Mars rule Scorpio, so those with a strong Pluto or Mars in their chart often display Scorpionic qualities.

## *November Astro-Energies*

The November full moon is in earthy Taurus on the 3<sup>rd</sup> opposing Mercury and the Sun in Scorpio and squaring Mars in Leo. Taurus, Leo and Scorpio are all fixed zodiac signs, meaning they hate to budge, so watch out for conflict or inner turmoil and avoid over-reacting, especially to situations out of your control. The full moon energy is exacerbated by Saturn forming a tight square with transformational Pluto shattering old structures and beliefs, particularly for Librans and Capricorns.

Neptune turns direct on the 5<sup>th</sup> in Aquarius until May next year. Neptune is a symbol of collective energy, so ideals and visions about the future of our planet can now be activated. Neptune has been travelling alongside visionary Jupiter and healing Chiron for the whole of 2009.

Relationship goddess Venus moves into water sign Scorpio on the 8<sup>th</sup> for the rest of November, promising passionate encounters, but also a tendency towards jealousy or possessiveness. Plan a romantic weekend with your partner or buy some new, sexy underwear! On the 16<sup>th</sup>, Mercury heads into intellectual Sagittarius so if you’ve been short of ideas, the creative juices will flow again. Take time out for brainstorming and problem solving.

The November new moon falls on the 17<sup>th</sup> in passionate Scorpio and two days later, Venus (love) and Mars (sex) form a challenging square forcing us to compromise between our own desires and those of others. Some will be tempted to indulge in a spending spree in the latter part of November as self indulgent Venus meets over-the-top Jupiter. In fact, this combo is noted for over-indulgence of all kinds! Finally the Sun heads into fire sign Sagittarius on the 22<sup>nd</sup> in the lead up to the festive season.



## November Moon Calendar

Launch projects at the New Moon, bring them to completion in the period from just before the Full Moon to the Third Quarter phase and wind them down and reflect on developments in the week before the next New Moon. The period between the New Moon and the Full Moon is the waxing moon (moon getting bigger and fuller). The period between the Full Moon and the New Moon is the waning moon (moon getting smaller and slimmer).

Many of you have written asking for info on the best time to cut your hair or wax/shave your legs. You can use this moon table to select the most favourable days to slow or increase hair regrowth. Full instructions can be found in my Lunar Hair Care guidelines at [www.stellastarwoman.com/files/LunarHairCare.pdf](http://www.stellastarwoman.com/files/LunarHairCare.pdf) however, subscriber Kelly Isara asked me to include this info in the AstroUpdate moon table, so I've marked the best dates for **waxing/shaving to slow regrowth** in **yellow** and the best dates to **cut hair for thicker, lusher growth** in **green**. Thanks for the suggestion Kelly!

Date	Sign	Element	Moon Phase
1 <sup>st</sup> -2 <sup>nd</sup>	Aries	Fire	waxing
2 <sup>nd</sup> -4 <sup>th</sup>	Taurus	Earth	<b>Full Moon 3rd</b>
4 <sup>th</sup> -6 <sup>th</sup>	Gemini	Air	waning
6 <sup>th</sup> -8 <sup>th</sup>	Cancer	Water	waning
8 <sup>th</sup> -11 <sup>th</sup>	Leo	Fire	Third Quarter
11 <sup>th</sup> -13 <sup>th</sup>	Virgo	Earth	waning
13 <sup>th</sup> -15 <sup>th</sup>	Libra	Air	waning
15 <sup>th</sup> -17 <sup>th</sup>	Scorpio	Water	<b>New Moon 17th</b>
17 <sup>th</sup> -20 <sup>th</sup>	Sagittarius	Fire	waxing
20 <sup>th</sup> -22 <sup>nd</sup>	Capricorn	Earth	waxing
22 <sup>nd</sup> -25 <sup>th</sup>	Aquarius	Air	waxing
25 <sup>th</sup> -27 <sup>th</sup>	Pisces	Water	<b>First Quarter</b>
27 <sup>th</sup> -29 <sup>th</sup>	Aries	Fire	waxing
29 <sup>th</sup> -30 <sup>th</sup>	Taurus	Earth	waxing

Thanks for being part of AstroUpdate. If there's something you'd like to see featured, or have something you think would interest others, please contact me at [stellaw@ozemail.com.au](mailto:stellaw@ozemail.com.au)

PS – Don't forget to check out your November Monthly Stars at [www.stellastarwoman.com](http://www.stellastarwoman.com) to see what's coming up for you this month.

Happy Stargazing

Stella Woods



## *Courses & Workshops 2010*

### *Tap into Tarot*

One Year Beginner Course covering tarot symbolism, Major and Minor Arcana, court cards and lots of practical tarot reading

Course Dates: Starts Monday 15<sup>th</sup> March 2010

Time: Monday evenings 6.00 - 7.30 pm (32 weeks)

Cost: \$350 per term x 4 or \$1200 for the whole year (save \$200)

### *Practical Tarot Intensive*

Designed for those with a good basic knowledge of tarot who want to improve and extend their reading skills

Course Dates: Eight Week Intensive starts Monday 15<sup>th</sup> March 2010

Time: Monday evenings 7.30 - 9.00 pm

Cost: \$350

### *Astrology for Beginners*

One Year Beginner Course (32 weeks) covering zodiac signs, planets, houses and chart aspects

Course Dates: Starts Tuesday 16<sup>th</sup> March 2010

Time: Tuesday evenings 6.00 - 7.30 pm (32 weeks)

Cost: \$350 per term x 4 or \$1200 for the whole year (save \$200)

### *Practical Natal Chart Reading*

Designed for those with a basic grasp of houses, planets, signs and aspects who want to improve and extend their chart reading skills

Course Dates: Starts Tuesday 16<sup>th</sup> March 2010

Time: 7.30 - 9 pm (16 weeks)

Cost: \$350 per term or \$650 for two terms



*Magic & Manifestation Autumn Course*

Break Through Blockages & Create the Life of Your Dreams

Course Dates: Monday 17<sup>th</sup> May – Monday 12<sup>th</sup> July 2010 (8 weeks)

Time: Monday evenings 7.30 – 9.30 pm

Cost: \$395

*Secrets of the Major Arcana – Tarot Afternoon Workshop*

Meet the Fool, the Empress, the Magician & all the other exciting characters of the Tarot Major Arcana

Course Date: Sunday February 21<sup>st</sup> 2010

Time: 1 – 5 pm

Cost: \$160 includes afternoon tea

*Wheel of the Zodiac – Astrology Afternoon Workshop*

An Archetypal Journey through the Twelve Signs of the Zodiac from Aries to Pisces

Course Date: Sunday February 28<sup>th</sup> 2010

Time: 1 – 5 pm

Cost: \$160 includes afternoon tea

*All courses and workshops are held at Elwood Neighbourhood Learning Centre,  
87 Tennyson Street, Elwood unless otherwise specified.*

*Please book and pay in advance by cash, cheque, money order, EFTPOS, credit card or  
bank transfer.*

*For further information including detailed course content, booking forms, photos  
and student testimonials, please visit [www.stellastarwoman.com](http://www.stellastarwoman.com)  
and follow the appropriate links or call Stella on (03) 9534 5021*



## 2010 Calendar/Diary Booking Form

### I WOULD LIKE TO ORDER

**ASTROLOGICAL CALENDAR & MOON PLANTING GUIDE(S) AT \$15 EACH**  
(including P&P anywhere in Australia)

**2010 MOON DIARY/DIARIES AT \$36 EACH**  
(including P&P anywhere in Australia)

**TOTAL PAYMENT in DOLLARS**

### PLEASE FILL IN & MAIL/FAX WITH YOUR PAYMENT or PAY BY BANK TRANSFER

**1) IF PAYING BY DIRECT DEBIT/BANK TRANSFER**

Please phone (03) 9534 5021 or email [stella@stellastarwoman.com](mailto:stella@stellastarwoman.com) to place your order and then transfer funds to:

ACCOUNT NAME: Stella Starwoman    BANK: Commonwealth Savings Bank  
BSB CODE: 063 131 ACCOUNT NUMBER: 1009 0630    REFERENCE: Your Name

**2) IF PAYING BY CHEQUE OR MONEY ORDER**

Please send your cheque or money order with this form to Stella Starwoman, PO Box 2282, St Kilda West, VIC 3182. Please make cheques and money orders payable to 'Stella Starwoman'

**3) IF PAYING BY CREDIT CARD**

Please fill in your name and card details below and mail or fax this form to Stella Starwoman, PO Box 2282, St Kilda West, VIC 3182.

**CARDHOLDER NAME** .....

**TYPE OF CARD (please tick)**    **VISA**

**MASTERCARD**

**CARD NUMBER** ..... **EXPIRY DATE**.....

**YOUR NAME** ..... **EMAIL** .....

**MAILING ADDRESS** (please write clearly)

.....

.....

**PHONE NUMBER** .....

